

FREE



South Central Community Action Program

SCCAP

Empowering people to reach their potential

A social service publication about our community — Brought to you by the South Central Community Action Program

Safety~Net

July-September 2017

The Impact You Make Through Shalom

By Rev. Forrest Gilmore the Executive Director of Shalom Community Center.

To learn more about Shalom, volunteer, or donate, please visit shalomcommunitycenter.org.

When it comes down to it, you want to make a difference.

You want to look at your life and feel in some way that what you've done is important, that you've given more than you've taken.

So when you invest in an organization as a supporter, it's important to know that that organization has an impact through you... that your time, energy, talent, and money all make the world a bit better.

In that spirit, here are three ways that the Shalom Center makes a difference because of you.

Through the Center:

The core of Shalom is our day center, offering life essentials to thousands of people in need every year.

In 2016, Shalom provided 74,604 meals, 9,106 casework counseling sessions, 2,808 loads of laundry, 5,055 showers, 247 IDs, 192 prescriptions, and 187 annual insurance payments.

Through Housing:

Shalom has two essential housing programs – rapid re-housing and Crawford Homes.

Rapid re-housing primarily helps homeless families move quickly out of shelters and into homes. In 2016, Shalom rapidly re-housed 221 people, including 82 children.

Crawford Homes provides housing with supports for the most vulnerable people on the streets – people experiencing long-term homelessness due to disability.

In 2016, Crawford helped 62 formerly chronically homeless people, including 12 children. When the program first opened, Crawford ended a collective 300 years of homelessness and our residents saw a 65% drop in emergency room use and an 88% drop in incarcerations in that first year.

Through Friend's Place:

In 2016, Shalom took on the management of the overnight shelter once known as Martha's House and now called Friend's Place, preserving the only year-round, nonreligious, emergency shelter in seven counties. Friend's Place sheltered 211 people in our first year. Friend's Place also saw a startling improvement in a key statistic for measuring shelter success – the number of people who move into

permanent housing after leaving the shelter. When Shalom first took on the shelter in January, only 15% of the guests moved out into a permanent home. In the last third of 2016, 76% of guests moved into permanent housing with a peak of 84% in September. Keep in mind that the state average is 33%.

Grant Totals:

Through all of Shalom's programs in 2016, you made it possible for Shalom to help 728 people move out of homelessness or maintain their homes.

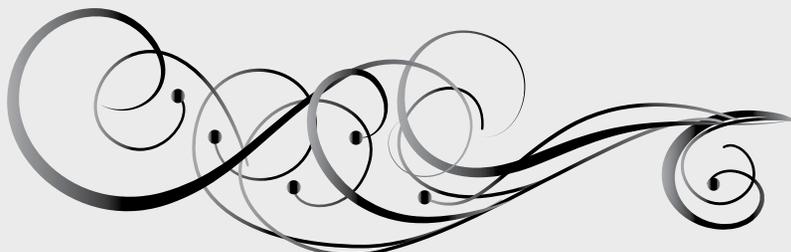
That's impact! And it all becomes possible because you decided to make a difference through Shalom.

On behalf of all of those in desperate need who benefitted from your support, I offer you a profound thank you!

OUR GUIDING PRINCIPLE

Editorial Comment

Our Guiding Principle is to reach out to others who are coping with practical and emotional crises, and to say, we are here as one community, interconnected with each other in a positive way. This means, among other things, providing shelter, food, medical care, opportunities to step out of poverty, peace, and mutual respect. This whole world would be a much better place for all people if everyone felt this way about our brothers and sisters. As individuals, we cannot change the world. However, we can all come together and help others in our own community. Let us show others, what we can do right here in Bloomington by reaching out to each other, and climbing that mountain together. To paraphrase Pete Seeger, We WILL Overcome.



Editorial Cartoon by Joe Lee

We're Here for You

By Debra Morrow, Middle Way House executive director

I like to share my experiences, in hope that it might help someone in a similar situation find the resources they need to make good choices for themselves and their families. Years ago, I left an abusive relationship and turned to Middle Way House for help. I spent two years living with my three youngest children at The RISE!, the transitional housing program at Middle Way House.

Thanks to the support I received, I was able to start college at age 37 and put myself through school while raising my children and working. I graduated with a bachelors degree in criminal justice, moved out of The RISE!, and watched my own children graduate from high school and college.

We were able to break the cycle of generational abuse.

But transitional housing is just one piece of the puzzle; Middle Way House offers much, much more...

24-hour Crisis Line: (812) 336-0846.

The Crisis Line offers immediate intervention and support by trained peers and advocates. Help is available in multiple languages, as well as TDD for the hearing impaired.

Emergency shelter for people fleeing violence at home.

Our 30-bed shelter is a safe place for families until they are able to find an appropriate, affordable place to live. At the shelter, residents contribute to the upkeep of their own and group spaces, often share evening meals, and take advantage of programs designed to help them move on with their lives.

Healthy Relationships & Violence Prevention Education

Offered to area middle schools, high schools, and youth-serving organizations, our interactive curriculum was designed to prevent interpersonal dating violence as well as domestic and sexual violence. Adult versions are available, including sessions for people with disabilities and LGBTQ+ individuals.

Legal Advocacy:

Legal advocates assist clients in filling out divorce petitions, motions to assist, and protective orders; discuss custody and visitation options, making referrals to pro bono and reduced fee programs, private attorneys, therapists and other resources; assist clients eligible for victims' compensation in pursuing that relief; accompany victims to court hearings and case-related appointments to provide emotional support.

Sexual Assault Support Services:

Middle Way House provides services for survivors of sexual assault, which includes any type of sexual contact or behavior that occurs without the explicit consent of the recipient. Falling under the definition of sexual assault are sexual activities as forced sexual intercourse, forcible sodomy, child molestation, incest, fondling, and attempted rape.

Human Trafficking Support Services:

Middle Way provides shelter and support services for many survivors of human trafficking, which is defined as a commercial sex act induced by force, fraud, or coercion, or in which the person induced to perform such act has not attained 18 years of age.

Today, I'm so proud to serve this wonderful organization as executive director, a position that allows me to give back to a community that helped me when I needed it most. I'm so proud to work alongside staff and volunteers who believe wholeheartedly in our mission to end violence in our community.

We're here for you if you need help. And if you want to get involved, please do not hesitate to contact us – 812.333.7404 or online at www.MiddleWayHouse.org

About *Safety~Net*

David White
Editor-in-Chief

Joe Lee
Editorial Cartoonist

AGENCY REPORTS

Each issue of *Safety~Net* has articles contributed from the many non-profit/social service agencies in the Bloomington area about programs and services that they provide, as well as volunteer opportunities.

AGENCY GUIDE

There is an extensive Agency Guide pointing out where specific services/programs are available and how to access them.

WE WELCOME COMMENTS AND SUGGESTIONS.

Please send these to the editor at white@indiana.edu. Sign your name, and indicate whether you would like for your comments to be published.

Men's Toolbelt

The Salvation Army • 111 North Rogers Street • Bloomington IN 47404 • 812-336-4310 • Contact person: Monica Clemons

A tool belt holds tools – hopefully the right tools to get the job done. A hammer to pound in or remove a nail; a screwdriver to screw in or remove a screw; measuring tape in order to measure twice and cut once. But what happens when you don't have the right tool for the job? Ever try to pound a nail in with a screwdriver? Ever try to center something on a wall without measuring the space? I have and both times it ended poorly.

When you seek employment; what you have in your tool belt of skills will determine whether you get the job or not. The Salvation Army of Monroe County introduces *Men's Toolbelt*.

What is Men's Toolbelt?

Men's Toolbelt is a program that will assist unemployed and underemployed men who reside in Monroe County with

See "MEN'S TOOLBELT", page 8



History Of Courage To Change

By Marilyn Burrus

Courage to change was founded in recognition of the need for lower barrier sober living in and around Monroe County. We wanted to offer sober living options that can meet the needs of those who come from wealth and those who were never so fortunate. That is exactly what we have done.

We are founded on the recognition of individual recovery depending on multiple approaches. We provide the space and help where an individual can come to take full responsibility for their own recovery.

2015

We had a growing awareness that the transitional sober living houses currently in Monroe County, while wonderful, didn't have the capacity to address the needs of many.

2016 early

Brandon Drake of Keystone Interventions and Marilyn Burrus of New Leaf/New Life begin collaborating on a new housing system for south central Indiana

2016 Aug.

Courage to Change is officially founded by Brandon Drake and Marilyn Burrus

2016 Oct.

We began opening other houses in response to need and our positive feedback.

2016 Oct.

Our first graduates, David, Gareth, and Nicole, two of whom came to us from Prison, moved into their own place. They are still sober today, and making the most of life!

2017

We have been so successful that we've opened six houses in less than a year! We are continuing to improve ourselves in offering transitional housing development. Case workers consult with clients about their health conditions and work together to heal.



How Courage to Change And New Leaf/New Life Saved Me

When I got out of jail this last time, in November of 2016, my entire world was turned upside down. Everyone and everything that I had when I went in, was gone when I got out. I walked out the doors of the Monroe County Jail, with the clothes on my back, no phone, no money, no where to go, truly feeling lost, in every sense. I knew that I was going to have to try to re-build my life, but at that point, I didn't even have the basic necessities to simply survive. I went back to the people that I knew, because I felt that they were all that I had. A day after I got out of jail, I over dosed, and was in critical care for 2 days. At that point, I realized that I had to be willing to try to reach out, to ask for help. I wasn't going to figure this out on my own. A friend of the family had started, a sober living house, Courage to Change located in Bloomington. I called him and met with his partner, Marilyn Burrus. They thought it would be good and I moved into one of their houses. We

decided I needed to go to treatment. During that time, my days were spent volunteering at New Leaf/New Life, trying to keep myself occupied, not allowing my mind to begin to take over, with all the self-destructive thoughts. I was trying to really do something different, despite how uncomfortable it all seemed to me. In the process of doing that, I got myself semi established at NLNL. I started to help out where I could, doing anything that would keep me busy, sorting clothes, and organizing. For me a biggest part of staying sober, is being of service to others. In doing that, it keeps me out of myself. That is where I get into trouble, when I start to get too fixated on my thoughts and feelings. Being involved with NLNL, and living in Courage to Change Sober Living, has given me the opportunity to be able to work on the things that I need to improve. It also gives me the accountability that I need to be able to stay on track. NLNL and C2C have been the main driving forces in helping me

“NLNL and C2C have been the main driving forces in helping me stay sober. Both organizations have impacted my life, in ways that I can not even express my gratitude for, and that's why I show up and do whatever I can for NLNL and C2C, as the opportunities arise.”

stay sober. Both organizations have impacted my life, in ways that I can not even express my gratitude for, and that's why I show up and do whatever I can for NLNL and C2C, as the opportunities arise. It's my way to give back to the two places that have helped me get not only my life back, but get to get Jill back.

Special Section: Writings From Jail

Submitted by Tania Karnofsky

Women writing for (a) change Bloomington and the **Writing for a Change Foundation–Bloomington** started their work at the Monroe County Corrections Center in August of 2006. This summer marks 10 years of this writing program coming together with New Leaf; New Life to try to help incarcerated women make new lives for themselves.

Our project involves inviting women into a safe community that encourages writing as a tool for self-expression, story telling and community building. We ask each participant to reflect on and write about her experience in poetry and prose, to share her words with the rest of the writers in the circle and to listen deeply to her fellow writers and community members.

We are proud of the work we do encouraging strength, voice and self-expression through writing. We see these women become more insightful and reflective about their own lives. We are excited to continue to offer writing services to women at the MCCC every Saturday throughout the year. For more information on our adult circles, young women's programs and other outreach programs, please see our website: www.womenwritingbloomington.org

New Leaf-New Life is a 501 c3 nonprofit organization that offers services to inmates in the Monroe County Jail during incarceration and after release. Applying the philosophy of therapeutic justice, we encourage personal growth and self-advocacy, supporting incarcerated individuals in their efforts to make a successful transition back into the community.



Interstellar By Sonny Smith



By day,
Starburst, explosion of radiance, pouring your sublime lemon drop rays of nourishment upon me
By night,
Moonbeam, silver comfort of cadence, letting your celestial blue flame dreams within your warm
patchwork blanket, free to see
Sunrise,
Percolating, such overly strong coffee for us
Waiting, watching, anticipating for your worshipped good morning reflection in the mirror to appear
Excited, your peppermint toothbrush smile kisses are near
Sunset,
Visualizing, mesmerizing, honey dripping, a salmon sun dropping behind your welcoming eyes
Exuded, your sweet cinnamon apple spice kiss goodbyes

You burn leaves in my heart year round

You make perfectly symmetrical snowflakes on my ground

You grow vibrant orchids of all colors so sound

You play with me on the longest day of my summer until the fireflies are around

Your magic is my always shining sun and a warm tropical jasmine breeze
Your magic is my interstellar eternal forever more in the night sky

“Flight”
By Sonny Smith

Mighty motivator you exist out there in the wild.
In a lush green jungle growing a muse lives and thrives for you.
Predators find game there, but do not fret.
Honed is the skill that you bare so well.
Healthy-veined leaves give shelter from the illuminating rays of light in the iris of eyes
awaiting silver moon light.

Move on, move away but keep moving.

Birds of paradise lost in the branches of witnessed wisdom.
They live there for you.

Winged creatures of flight foreshadow your path with song.
Birds know, they feel a deep, primal passion.

Instinct, awareness and self-preservation filled in the feathers ...

When they soar,

So do you ...



AM I DRUG FREE
By William D. Booker

I'm addicted to you, yes I'm addicted to you ...
The way you smell, the way you look, the way you walk,
the way you look me in the eye when we have one of
those long talks.

I'm addicted to you in so many ways, out of all
the drugs that pollute this world – heroin – pills – cocaine – weed -
alcohol – cigarettes – you are the only drug that I will never
give up, I promise to use for the rest of my days.
I take all of our imperfections and add them together and
we become rolled into that perfect blunt, our hearts is
the fire that lights it. You are perfect to me, there is
no need for me to fight it ... No! I'm not drug free,
and there is no NA or AA that could ever make me
want to be, you are my drug, created just for me ...

Why
By Pouncho

How does it feel to be empty
inside?

No place to run. No place to
Hide.

Who do you talk to, When it
feels like abandoned people
that need help?

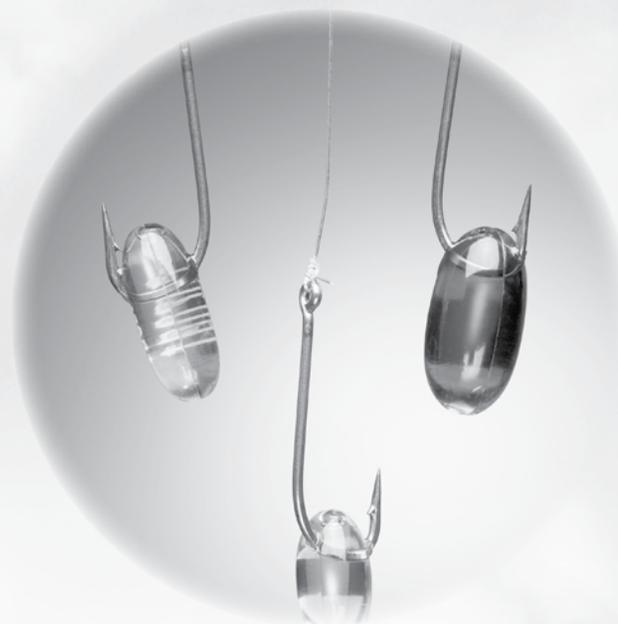
Yes, over a period of time
it's going to be difficult.

Why take us one by one from
a community that we cherish,
Love, have support for one another?

Dawn isolation again.
Why?

Because we set goals, change and
growth as a community.

Every time people do good it seems
We get knocked right
back down.



City of Bloomington
Volunteer Network
 www.bloomingtonvolunteernetwork.org

volunteer

Ways to Get Involved— to Relieve Poverty, to Prevent Poverty, and to Work towards Social and Economic Justice

Submitted by Bet Savich, Director, City of Bloomington Volunteer Network,
 (volunteer@bloomington.in.gov; (812)349-3472; www.BloomingtonVolunteerNetwork.org)

The City of Bloomington Volunteer Network is the primary source for information about volunteering locally. To search for more opportunities, visit www.bloomington.in.gov/volunteer, call 349-3433 or email volunteer@bloomington.in.gov. The inclusion of an organization in this list does not imply City endorsement or support of the organization's activities or policies.

Area 10 Agency on Aging - Team Leader for REPAIRS Group

The Area 10 Agency on Aging has an amazing, dedicated team of individuals who tackle home repairs and accessibility needs for senior citizens who are homebound. A new team lead is being recruited for this group. The individual must have experience in carpentry and familiarity with ADA-compliant ramp specifications. This person will conduct site visits, make plans, purchase materials, coordinate the team, and take the lead on build day. Build-days are flexible. Materials and mileage are paid by Area 10. Minimum age is 18. To learn more, please go to: www.area10agency.org/repairs or contact Chris Myers at cmymyers@area10agency.org or 812-876-3383. (www.area10agency.org)

Banneker Community Center - Summer Camp

At Banneker Community Center Camp, from June 5-July 28, volunteers work one-on-one with kids and facilitate art and science-focused enrichment activities and field trips. Some volunteers organize their own clubs based on their particular interests! An orientation and a commitment to at least one shift per week are required. Minimum age is 18. Register at <https://goo.gl/1EvOrS>. Questions? Contact Nikki McEachern at 812-349-3739 or parksvol@bloomington.in.gov (www.bloomington.in.gov/parksVOL)

Best Buddies International Leadership Conference - July 21-24

Best Buddies International needs over 100 volunteers for their annual conference, held at IU Bloomington from July 21-24. You may volunteer as little or as much as you would like. Campus housing is provided to overnight volunteers if needed; food is provided. This conference brings together members of Best Buddies from all over the world for training and empowerment. Those with intellectual and developmental disabilities learn how to get a job or learn speech skills. Their peers in school chapters learn how to run their chapters and spread the Best Buddies message. To register, go to: <https://bestbuddies.org/bblc/volunteer-form/> Minimum age is 18. Please contact Anna Berman at 317-436-8440 or MiaNoller@bestbuddies.org. (www.bestbuddies.org)

Community Kitchen - Summer Meals Preparation and Delivery

Start a child's day right this summer! Your help is needed to prepare, assemble and deliver free sack meals to children in low-income neighborhoods from May 24 - August 9. The prep shift is from 7:30-9 a.m. Delivery shift runs from 9:45 a.m. to 1:30 p.m. Regular kitchen volunteers for dinner are also needed. These shifts are 11:30 a.m.-1:30 p.m. and 3:30-6:30 p.m. No previous experience is needed, just a willingness to help! Minimum age is 14; those ages 10-13 may volunteer if accompanied by an adult. Please contact June Taylor at 812-332-0999 or june@monroecommunitykitchen.com. (www.monroecommunitykitchen.com)



Community Kitchen_Volunteers Jim and Gwen Zimmerly work on preparing the vegetables for dinner. Courtesy photo

Habitat for Humanity - Graphic Designer

Share your graphic design skills with Habitat for Humanity of Monroe County. Use your creativity to help them implement new branding guidelines from their international affiliate and add your creations to your portfolio. Volunteer must be familiar with Adobe Creative Suite. Additional graphics projects are also available throughout the year including video editing with Effects and Premiere. Minimum age is 21. Please contact Cindy Chen at 812-331-4069 or vsl@monroecountyhabitat.org. (www.monroecountyhabitat.org)

Hoosier to Hoosier Community Sale - Sorting and Sale Volunteers

Be a part of Bloomington's largest community sale - Hoosier to Hoosier! H2H is a partnership between the City of Bloomington Dept. of Economic & Sustainable Development, the IU Office of Sustainability and Information Technology Services, and the Cutters Soccer Club, which has the goal that every child should be able to play soccer, no matter the income of the parents. Volunteers are needed for the rest of the summer long to collect and sort donations for this annual sale and then to staff the sale day on August 20th. Your efforts will help put good items to reuse and divert tons of trash from our landfill. Min. age is 16. Volunteers under 18 must be accompanied by an adult. You may also want to be a bargain-hunter shopper for a nonprofit organization which you support. Register online at <http://bit.ly/H2H2017Volunteers>. Questions? Contact Jacqui Bauer at 812-349-3837 or h2h@indiana.edu. (www.h2h.indiana.edu)

Hoosier Hills Food Bank - Garden Program

The Hoosier Hills Food Bank garden at Will Detmer Park provides locally grown, fresh fruits and vegetables for free distribution to those in need. The more people volunteer, the more fresh food they can grow! No gardening experience is necessary. You may join them anytime, April through October, on their regular volunteer days. Garden days are from 9-11 a.m. on Mondays and Thursdays and 5:30-7:30 p.m. on Wednesdays. Teen Nights are from 4-6 p.m. on the first Tuesday of the month. To check for weather cancellations or special volunteer events, including teen gardening, visit their garden and gleaning calendar. There is no minimum age. Please contact Ryan Jochim at 812-334-8374 or volunteer@hhfoodbank.org. Schools, churches and other community groups should schedule with Sara Swan at 812-334-8374 or garden@hhfoodbank.org. (www.hhfoodbank.org)

Monroe County CASA (Court Appointed Special Advocates) – Applications due July 14

Monroe County CASA (Court Appointed Special Advocates) is now accepting applications for the upcoming training session. This training is two intensive weekends, July 28-30 and August 11-13. Sessions are from 5:30-8:30 p.m. on Fridays and 9:00 a.m.-4:00 p.m. on Saturdays and Sundays. CASA is a volunteer-powered program which provides representation in juvenile court for child victims of abuse and neglect. More information: Visit www.monroecountycasa.org/volunteer or call 812-333-333- CASA. Applications are due by July 14.

See "VOLUNTEER", page 7

Tell Your Teens about 'Summer of Service'!

Submitted by Bet Savich, Director, City of Bloomington Volunteer Network,
(volunteer@bloomington.in.gov; (812)349-3472; www.BloomingtonVolunteerNetwork.org)

Make your summer a Summer of Service! Teens entering or already enrolled in high school can get started now by registering to add their volunteer hours to the Summer of Service totals. The goal is for teens to reach a total of 1000 hours logged during the 10 weeks of summer. Teen-friendly opportunities are available online or you can connect to your own. A stats board will be available throughout the summer to track the progress to 1000 hours. Please contact Lucy Schaich at 812-349-3433 or getconnected@bloomington.in.gov. (BloomingtonVolunteerNetwork.org/SummerOfService)



Hoosier to Hoosier Sale Prep volunteers pause to jam with some of the awesome donated items. Courtesy photo



Above: Cassandra Trost and Kyunghie Nun volunteer in the Opportunity House sorting area; **left:** Josephine McCormick, a recent graduate from Bloomington South, enjoys her shift as Opportunity House cashier. Courtesy photos

VOLUNTEER

Continued from page 6

Mother Hubbard's Cupboard - Garden Work Days – until October

Join Mother Hubbard's Cupboard as they grow fruits and vegetables organically for their pantry! Volunteers enjoy working together while planting, weeding, and turning compost. From April to October, the workday schedule is 5-7 p.m. on Mondays at Butler Park and 4-6 p.m. on Wednesdays at the Hub pantry garden. The Butler Park garden includes a large hoop house for seed starting and vermicomposting. The Hub pantry garden showcases an edible food forest, accessible raised beds, container plantings, and vermicomposting. Novices will learn to garden while experienced gardeners share their expertise! Cancellations due to weather are posted on Facebook. No minimum

age. Drop by during these work times or contact Kendra Brewer at 812-355-6843 or garden@mhcfoodpantry.org. (www.mhcfoodpantry.org)

New Hope Family Shelter - Youth Summer Camp Experience

New Hope Family Shelter is seeking individuals interested in social work, education, or community involvement to work with the 5-12 children in their program. This is an excellent opportunity to develop skills, expand networking contacts, and build resumes. Camp hours are 9 a.m. to 4 p.m., Monday-Friday, until July 28. Volunteers commit to at least eight hours per week and assist with games, rehearsals and a variety of other tasks. Volunteer experience at New Hope could possibly lead to future employment considerations. Volunteers must pass a criminal background check. Minimum age is 18. Please contact Elaine Guinn at 812-

334-9840 or director@nhfsinc.org. (www.nhfsinc.org)

Opportunity House - Thrift Shop Merchandise Sorters and Cashiers

Surprises abound in the donation stacks at Opportunity House thrift shop. They are currently in need of several volunteers to sort and stage all of the items waiting to hit the shelves. Bring your eye for detail for a shift from 9 a.m.-12 p.m. or 12-3 p.m. Monday through Friday. Training is provided. Groups of up to four people can be accommodated for each shift. Opp House also needs cashiers – reliable volunteers able to commit to regular shifts. If you enjoy working with people, are flexible, patient, have a good sense of humor, and can commit to a three-hour weekly or monthly shift between 9:30 a.m.-12:30 p.m. or 12:30-3:30 p.m., this may be perfect for you! All proceeds from store sales benefit Monroe County United Ministries' exceptional childcare and family

support programs. Minimum age is 16 and they're on the bus line. Please contact Nicola Payne at 812-336-2443 or nicolabp@juno.com. (www.mcum.org/opportunityhouse)

Pantry 279 - Heavy lifters – one Wednesday per Month

Pantry 279, a food pantry based in Ellettsville, is seeking individuals to ride with a volunteer who drives a truck to Plainfield at 9 a.m. every other Wednesday to load boxes of surplus, non perishable food. They usually arrive back in Bloomington about 1 p.m. Assisting with unloading is great, but not necessary. Volunteers need to be able to lift up to 40 pounds and are asked to commit to just one Wednesday a month. Pantry 279 feeds over 2400 people per month! Minimum age is 16. Please contact Cindy Chavez at 812-606-1524 or pantry279@yahoo.com. (www.pantry279.org)

MEN'S TOOLBELT

Continued from page 2

the tools they need to gain employment that offers economic stability and independence. In collaboration with area agencies, we will assist with resume writing, interview skills, dressing for a successful interview, and assist with solutions to barriers such as transportation, specialized equipment or required uniforms, and educational. The goal of this program is to meet a need in our community through coordination of services and allocation of limited resources.

The struggle to find employment is all too real for many people in Monroe County despite the presence of major employers. An international medical device company is based here, as is the largest university in the state, a major teaching hospital, and large union career training bases. These employers have perennial openings because they can't find the skilled labor they need for a wide range of career options from low-skill, entry level work to skilled labor positions. The Salvation Army of Monroe County is committed to playing a role in regional economic development, by ensuring that those in need have the tools to provide for their families and be a part of regional economic growth. Men will have access to interview clothes, haircuts and hygiene products, hands on help with developing their resume, budgeting and moral support. Sometime what is needed most is for someone to sit down and talk with them, discovering what barriers exist in their cycle of poverty. Beyond finding a job or better job the importance of being a good role model for their children and creating family stability is part of the Men's Toolbelt philosophy.

For more information call 812-336-4310 or stop in and talk with Monica Clemons at The Salvation Army, 111 North Rogers Street in Bloomington, Indiana.



Directory of agencies and services

This directory outlines several agencies and services available to residents of Monroe County. Additionally, many listings provide contact information for prospective volunteers. For more extensive articles about many of these agencies and services, see earlier issues of Safety-Net at <http://safety-net-newspaper.com/>. Several of the agencies and services described provide multiple forms of aid. Unless otherwise noted all services and agencies are located in Bloomington.

Addiction Counseling

Amethyst House

Address: 645 N. Walnut St.

Phone: (812) 336-3570

Web: www.amethysthouse.org

Volunteer Contact: Gina Lovell ([812]336-3570 x10; amethyst@bloomington.in.us)

About: Provides structured living environments, treatment, and recovery services for individuals with addictions. Amethyst House operates three transitional living facilities: (1) a men's 1/2 way house, (2) a women's 1/2 way house that serves women and their dependent children up to 6 years old, and (3) a men's 3/4 way house. Amethyst house also operates an outpatient treatment facility in Bloomington as well as Evansville.

Centerstone of Indiana, Inc.

Address: 645 S. Rogers St.

Phone: (812) 339-1691

About: Provides services for people with behavioral and mental health challenges, such as depression, stress, panic disorders, alcohol and chemical dependencies, phobias, child behavioral disorders, grief and loss, marital and family problems, and severe and persistent emotional disorders. Services provided include psychiatry, 24-hour emergency services, and vocational and residential services. Centerstone hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Appointments must be made for services in the evening and weekend.

Alcoholics Anonymous

Address: Hours and locations vary.

Phone: (812) 334-8191

Web: www.alcoholics-anonymous.org

About: Provides support for those wanting to stop alcohol consumption.

Adult Education

MCCSC Adult Education

Address: Broadview Learning Center, 705 W. Coolidge Drive

Phone: (812) 330-7731

Web: www.adult.mccsc.edu

Volunteer Contact: Melanie Hunter (330-7731 x 52137; mhunter@mccsc.edu)

About: The Monroe County Community School Corporation's Adult Education program offers free, individualized instruction and guidance to teen and adult learners who need to get their GED diploma, want to improve basic job and literacy skills or learn new ones, are trying to learn English as a Second Language, or who aspire to create better opportunities for themselves and their families. There are also low-cost beginning computer classes for people age 55 and over. Classes start again August 16. Orientation for new students is Monday August 22; check for times. Located on Coolidge between Rogers St. & Rockport Rd., on the #2 South BT route.

AIDS/HIV Services

Bloomington Hospital Positive Link

Address: 333 E. Miller Dr.

Phone: (812) 353-9150

Web: www.bloomingtonhospital.org

About: HIV testing and extensive care coordination for those living with HIV/AIDS. Serve as a community resource regarding HIV/AIDS education and awareness. Also offer Hepatitis B, Hepatitis C and Syphilis testing.

Clothing, furniture, housewares

Monroe County United Ministries

Address: 827 W. 14 Ct.

Phone: (812) 339-3429

Volunteer Contact: Rebecca Gordan ([812] 353-9150; mcmhelp@bloomington.in.us)
About: Provides a subsidized Child-Care Program for low-income families in Monroe County, which includes a year-round program for children two to six years old, and a summer camp subsidized child-care for children ages six to ten, when school is out of session. All care-givers in the families either work full time or attend school part-time and work part-time. There is also an Emergency Services Program that assists

families who are experiencing a short-term crisis. The Emergency Services Program includes a food pantry, a clothing program, and financial assistance for rent or utility payments.

My Sister's Closet of Monroe County, Inc.
See Employment resources and job counseling.

Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Volunteer Contact: Monica Clemons ([812] 336-4310 x100; monica_clemons@usc.salvationarmy.org)

About: Provides a variety of services, including: food pantry, food vouchers, seasonal assistance, clothing and clothing vouchers, appliances, household items, hygiene items, rent/mortgage assistance, utility assistance, medical assistance, disaster relief, after school programs, summer residential camps, adult programs, nursing home visitation, bus tickets, a place of worship, and a thrift store.

St. Vincent de Paul Society

Address: 4607 West State Road 46

Phone: (812) 961-1510

Web: www.bloomingtonsvdp.org

Volunteer Contact: Scott Alber, ([812]335-1280 volunteer@bloomingtonsvdp.org)

About: A Catholic led ecumenical society of volunteers dedicated to helping those in need. Assistance is offered in the form of community resource information, vouchers for furniture, and in some cases limited financial help with a utility bill, rent, rent deposit or other essential need. Almost all funding comes through donations and assistance is given without regard to religion, race or creed. Volunteer opportunities abound.

Disabilities assistance programs

LifeDesigns, Inc.

Address: 200 East Winslow Rd.

See "DIRECTORY", page 9

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Phone: (812) 332-9615

Web: www.lifedesignsinc.org

Volunteer Contact: Cindy Fleetwood

About: LifeDesigns, Inc. offers comprehensive services for people with disabilities in south central Indiana including education, housing and employment assistance. We offer services for every stage of life from childhood through adulthood. Our mission to partner with people with disabilities and the community to bring about self-directed and enriched lives through education, information and support. LifeDesigns is a grassroots organization formed by the merger of two well-known agencies, Christole and Options, who have provided leading-edge programs for over three decades.

People & Animal Learning Services (PALS)

Facility Address: 7644 W Elwren Rd, Bloomington,

Mailing Address: P.O. Box 1033, Bloomington, IN 47402

Phone: 812-336-2798

Web: www.palstherapy.org

Volunteer Contact: Jennylynn Vidas, (812-336-2798 ext. 15, jennylynn@palstherapy.org)

About: PALS provides therapeutic Equine Assisted Activities (EAA) to individuals with disabilities, veterans and at-risk youth in South Central Indiana. PALS programs are designed by professionals and aim to develop and restore functional skills, enhance well-being and improve quality of life. Services are available to individuals ages three and up. PALS is a Professional Association of Therapeutic Horsemanship International (PATH Intl) Premier-Accredited Center and United Way of Monroe County Member Agency.

Stone Belt

Address: 2815 E. 10 St.

Phone: (812) 332-2168

Web: www.stonebelt.org

Volunteer Contact: Amy Jackson (332-2168 x314; ajackson@stonebelt.org)

About: A community-based organization with over 48 years of experience in serving persons with developmental disabilities. Supports include residential, employment, life skills training and psychological services. With locations in Monroe, Lawrence, Owen, Bartholomew and surrounding counties, Stone Belt's mission is to prepare, empower, and support persons with developmental disabilities and their families to participate fully in the life of the community.

Employment resources and job counseling

My Sister's Closet of Monroe County, Inc.

Address: 414 S. College Ave.

Web: www.SistersCloset.org

Volunteer Contact: Julie Tobin, (812) 333-7710; Info@SistersCloset.org

About: Provides women facing issues of poverty, homelessness and domestic violence—who are looking for employment, with free interview and/or workforce attire, interview skills training & coaching through job mentors, image consulting, and life skills training through workshops with the Success Institute. All services assist women to overcome the hurdles they face on the road to independence & family self-sufficiency. All new and gently-used Clothing & Accessories, Undergarments, New Make-up, and Personal Hygiene items are provided free to those with vouchers from referral agencies, and for sale to the general public.

WorkOne

Address: 450 Landmark Ave.

Phone: (812) 331-6000

About: Assists individuals and businesses in meeting their employment and training needs. WorkOne provides employment services, job counseling and assessment services, training services through WIA, older worker services through Experience Works, vocational rehabilitation services through Indiana Vocational Rehabilitation, veteran services and unemployment insurance benefits.

Stone Belt

See disabilities assistance programs.

Job Links

About: An Area 10 Agency on Aging RSVP program that helps people evaluate job needs, inventory skills, review available jobs, develop a resume, prepare for an interview, and link with potential employers. Services are free, confidential, and non-discriminatory for job-seekers of all ages. Job Links counselors are available at Shalom Center (334-5728), and Area 10 Agency on Aging (876-3383).

Family Services

El Centro Comunal Latino

Address: 303 E Kirkwood Avenue, Room 11

Phone: (812) 355-7513

Web: www.elcentrocomunal.org

About: CCL is a grassroots, community-based organization that seeks to provide an accessible and safe space for all Latinos, with a focus on Spanish-speaking people, to find information, access to resources and a place to hold community events. CCL's work includes tutoring services for all ages, the medical interpretation network, direct service, Volunteer Income Tax Assistance program, the Legal Advice Project, Informate—series of educational presentations, health programming, and the Bienvenidos program; a support group that helps immigrants acculturate to life in the United States.

Head Start Program

Address: 1520 W. 15th St.

Phone: (812) 334-8350

Web: www.headstart.bloomington.in.us/

About: Guides children aged 3 to kindergarten towards gaining cognitive skills, patience, sharing, problem solving, hygiene, safety, and practice in good decision making. Free to income eligible.

IN Dept. of Child Services

Address: 1717 W. 3rd St.

Phone: (812) 336-6351

About: Services are designed to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. To make a report of child abuse or neglect the public can call 1-800-800-5556.

Division of Family Resources

Address: 1711 N. College Ave.

Phone: 1-(800)-403-0864

About: Provides aid to families with dependent children (Temporary Assistance for Needy Families, TANF), food stamps, Medicaid.

Programas de Alcance a Latinos

Latino Programs and Outreach Division

Address: 401 N. Morton St. Suite 260, Bloomington, IN 47402

Phone: (812) 349-3430

Web: https://bloomington.in.gov/

Contact: Araceli Gómez-Aldana, latinoprograms@bloomington.in.gov

Acerca: El Departamento de Recursos Comunitarios y Familiares de la Ciudad de Bloomington ha enfocado sus esfuerzos para alcanzar a la comunidad Hispana ofreciendo una gran variedad de programas. Eventos culturales, educación cívica, servicios directos y traducciones, El programa de radio Hola Bloomington en WFHB y la publicación Del Boletín Comunitario.

About: The City of Bloomington's Community and Family Resources Department has focused its outreach efforts on the Hispanic and Latino community by offering a variety of programs. Cultural events, civic education, direct service and translations, The Hola Bloomington Radio Show on WFHB and The Boletín Comunitario.

Monroe County United Ministries (MCUM)

Address: 827 W. 14th Court

Phone: (812) 339-3429

Web: www.mcum.org

Hours: 6:30am-5:30pm

About: Full-time care for children ages 2-6 on a sliding fee scale, parents must be employed or attending school, NAEYC-accredited center

WIC Program

Address: 333 East Miller Drive

Phone: (812) 353-3221

About: Provides nutritional support for underprivileged mothers, babies and children

up to five years of age in Monroe and Greene Counties. Applicants must meet income guidelines, live in Indiana, and have a nutritional need. All services are provided free of charge.

Food stamps

Division of Family Resources

See family services.

Health care

Futures Family Health Clinic

Address: 119 W. 7th St.

Phone: (812) 349-7343

About: provides family planning health services for adolescents, men, and women. Services are provided on a sliding fee schedule based on

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Local Health Care Enrollment Assistance

All U.S. residents are required by law to have health insurance. If you are uninsured, there are coverage options that meet your needs and fit your budget:

- Affordable Care Act "Health Insurance Marketplace"
- Healthy Indiana Plan (HIP 2.0)
- Medicaid
- Children's Health Insurance Program (Hoosier Healthwise)

There are several free local resources that can guide you through the process, explain coverage options, answer questions, and help you enroll. Indiana Navigators provide free unbiased assistance and can work with you one-on-one to enroll in health care plans.

ASPIN Health Navigators:

Call (877) 313-7215 for Navigator assistance.

City of Bloomington:

Call (812) 349-3851 for enrollment assistance. Para Español, (812) 349-3860 o latinoprograms@bloomington.in.gov

Individual Solutions-IU Health:

Call 1-888-531-3004 to make an appointment to see a certified Navigator, or visit iuhealth.org/individual-solutions

Monroe County Health Department:

Call Scott Stowers at (812) 349-2075 or e-mail ssowers@co.monroe.in.us

SCCAP Health Coverage Assistance

Program: Call (812) 339-3447 for Navigator assistance.

Visit www.in.gov/healthcarereform to find a certified Navigator.

Call 211 (available 24/7 free of charge) or visit www.in211.org/healthcare-project to learn how to apply, try a health insurance cost calculator, and get more local information.

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income. Services offered include annual exam and Pap smear, pregnancy testing, STD and HIV testing, birth control counseling, emergency contraception, health education, birth control pills, birth control shots, IUD (intrauterine device), and condoms.

Bloomington Hospital Home Health & Hospice

Address: 619 W 1st St.

Phone: (812) 353-9818

Web: www.bloomingtonhospital.org

Volunteer Contact: Melanie Miller (812-353-9818; mmiller@bloomhealth.org)

About: Provides care and support for people who are terminally ill and their families. Training classes for new volunteers are offered twice a year.

Monroe County Public Health Clinic

Address: 333 East Miller Drive

Phone: (812) 353-3244

About: Services provided include screenings for hypertension, hyperlipidemia, elevated blood sugar, anemia, elevated lead, tuberculosis, head lice and pregnancy; health and wellness assessments; communicable disease education. Call for appointment.

Planned Parenthood

Address: 421 S. College Ave.

Phone: (812) 336-0219

Web: www.ppin.org

About: Services provided include pelvic exams, breast exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, pregnancy tests, various types of birth control, emergency contraception (the "morning after pill"), as well as abortion services.

Vistacare Hospice

Address: 1801 Liberty Dr., Ste. 103

Phone: (812) 330-9640

Web: www.vistacare.com

Volunteer Contact: Cathi Counterman ([812] 340-3467; cathi.counterman@vistacare.com)

About: Provides caregiver relief and companionship for terminally ill patients and bereavement support for family members.

Volunteers in Medicine Clinic

Address: 811 West 2nd Street

Phone: (812) 333-4001

Web: www.vimmonroecounty.org

Volunteer Contact: Shelley Sallee ([812]333-4001 x109; info@vimmonroecounty.org)

About: Provides free medical care, including dental care at the offices of participating dentists, for people living in Monroe or Owen County who lack health insurance and have an income at or below 200% of the federal poverty level. This means that the income must not exceed \$20,420 for a 1-person household. For each additional

person, add \$6,960. To qualify for medical care individuals must fill out an eligibility form about their economic situation and set up an eligibility interview. Children or adults who qualify for health care at the clinic will receive free care at Southern Indiana Pediatrics.

Housing (abused women)

Middle Way House

Address: 338 S. Washington St.

Phone: (812) 333-7404 (admin phone), (812) 336-0846 (crisis line)

Web: www.middlewayhouse.org

About: Middle Way House is an emergency shelter that provides services to protect and help women who are victims of domestic violence and sexual assault, and women who feel they are in danger. Services include a safe place to stay, case management, in-house children's programs, legal advocacy. There is also a transitional housing program called The Rise which has self-contained apartments for families leaving abusive relationships. Women and their children can stay at The Rise for up to two years.

Housing (emergency, for adults)

Agape House, Shelter For Women And Their Children (part of Backstreet Missions)

Web: www.backstreet.org

Phone: (812) 333-1905.

Address: 300 Opportunity Lane, off W. 3rd Street.

Friend's Place

Address: 919 S. Rogers (Shelter)

Phone: (812) 332-1444

About: An emergency shelter with 40 beds (18 for men and 12 for women). Services provided include case management, food, and clothing. Opens at 6:15 p.m.

Wheeler Mission

Phone: (812) 332-2452

Center for Men

Address: 215 S Westplex Ave

Programs and services:

Emergency Low Barrier Shelter
Orientation to addictions recovery program
Long term supportive housing
Working guest program
Public meals

Center for Women and Children

Address: 100 S Opportunity Lane

Programs and services:

Emergency Low Barrier Shelter
Referral Service to other agencies (connect to care) Long term supportive housing

Housing (Family Shelter)

New Hope Family Shelter

Phone: (812) 334-9840

E-mail: newhope@nhfsinc.org

About: The mission of the New Hope Family

Shelter (NHFS) is to provide temporary shelter for homeless families in Bloomington and Monroe County and, in collaboration with other agencies, to help those families regain housing by addressing the problems that led to homelessness.

Housing (Intact Families/Adults)

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We offer short-term, home-based hospitality to people facing homelessness.

Housing (Pregnant women)

Hannah House Maternity Home

Address: 808 N. College Ave.

Phone: (812) 334-2662

Web: www.cpcbloomington.org

About: A comprehensive residential program or pregnant women and teenagers. Offers access to prenatal and pediatric care. Also offers life skills training and assistance in achieving longer-term educational and career goals.

Housing (Rental)

Bloomington Housing Authority

Address: 1007 N. Summit St.

Phone: (812) 339-3491

About: Subsidized housing, Section 8, Public Housing. Cost varies to income eligible.

Housing and Neighborhood Development

Address: 401 N. Morton Street, Ste. 130

Phone: (812) 349-3420

Web: www.bloomington.in.gov/hand

About: Creates affordable housing opportunities in the City of Bloomington by working through its partnerships with local non-profit and for-profit developers and through its in-house housing programs. HAND provides housing counseling to individuals with housing needs or difficulties and provides a variety of learning opportunities for the community on housing related issues. In addition, HAND enforces the Property Maintenance Code and the City's weed and trash ordinances.

Housing (homeless youth)

Stepping Stones

Address: PO Box 1366

Phone: (812) 339-9771

Web: www.stepsstones-inc.org

About: Transitional housing program and supportive service for homeless young people aged 16-20.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Provides short-term residential care and

crisis intervention for youth ages 8-17. Provides other services as well.

Legal and court-related services

Community Justice & Mediation Center

Address: 120 W. 7th St., Ste. 310

Phone: (812) 339-1551

Web: www.bloomington.in.us/~mediate

Volunteer Contact: Amanda Nickey ([812] 336-8677; vorpcm@bloomington.in.us)

About: Programs include the Victim-Offender Reconciliation Program, Shoplifter's Alternative Program, Workshops, Trainings, and Community Mediation Services for neighborhood, school, family or business conflicts.

District 10 Pro Bono Project

Address: P.O. Box 8382

Bloomington, IN 47407

Phone: (812)-339-3610

About: Purpose is to match income eligible clients with an attorney who will take their case for free. Potential clients must apply by phone on Monday from 10 AM to 12 PM, and Thursday from 2 PM to 5 PM. Please, no walk-ins, by phone only.

Legal Services Organization of Indiana, Inc. Bloomington

Address: 214 S. College Ave.

Phone: (812) 339-7668

About: Cannot help people in criminal cases. Helps people in civil cases, including: Housing (eviction, foreclosure, landlord/tenant); Public Benefits (food stamps, SSI, unemployment, poor relief, Temporary Assistance for Needy Families (TANF); Health (Medicaid, Medicare); Divorce or child custody where there is child abuse or spouse abuse; Child In Need of Services (CHINS); Consumer (collections and repossessions); Education (including expulsion and access to special education services and Vocational Rehabilitation); Access to Justice (e.g. denial of a court-appointed attorney in certain civil cases).

Monroe County Court Appointed Special Advocates

Address: 201 N. Morton Street

Phone: (812) 333-2272

Web: www.monroecountycasa.org

Volunteer Contact: Kelli Shannon ([812] 333-2272, ext. 11; kelli.shannon@monroecountycasa.org)

About: Provides direct advocacy for child victims of physical abuse, sexual abuse and neglect. Volunteer advocates represent children in the court process to protect the child's best interests.

Monroe County Prosecutor—Victim Assistance Program

Address: 301 N. College Ave., Rm. 211

Phone: (812) 349-2670

Web: www.co.monroe.in.us

Volunteer Contact: Sarah Lanman

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([812]349-2670; slanman@co.monroe.in.us)

About: Helps to ease the trauma victim's burden by explaining the criminal justice process, accompanying victims to court, updating them on current cases and obtaining restitution.

Meals and pantries (no cost)

Meals

Area 10 Agency on Aging

Address: 631 West Edgewood Drive, Ellettsville, IN 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Area 10 Agency on Aging offers 5 main nutrition and food services for senior citizens.

Congregate Meals—We offer congregare meals at the following times and locations: Maple Shades Apts., Ellettsville, 10:30 am; Cambridge Square Apts., Bloomington, 11 am; Spencer Senior Center, 11:30 am; Unionville Senior Center, 11:30 am. Seniors must be 60+ and can complete a brief application at the meal site of their choosing. A \$2 donation is requested.

Mobile Meals—We deliver meals to homebound seniors who are 60+ and who are unable to prepare meals for themselves due to illness or disability. An application to determine eligibility is required and a \$2 donation is requested. Contact Area 10 at (812) 876-3383 for more information.

Food Pantry—We provide homebound seniors with two bags of groceries and frozen food each month. Seniors must be 60+ and meet eligibility requirements. Call Area 10 at (812) 876-3383 to request an application.

Restaurant Vouchers—We provide restaurant vouchers to seniors 60+ to be used at the Village Inn in Ellettsville or the Stinesville Mercantile in Stinesville. A \$2 donation is requested. A brief application is required and vouchers can be picked up at Area 10 or the Stinesville Mercantile.

Farmers Market Vouchers—We distribute farmers market vouchers to seniors 60+ for use at the Bloomington Farmers Market or Spencer Farmers Market. Seniors must complete an application and meet income guidelines. Contact Area 10 at (812) 876-3383

Backstreet Missions (Gino's Cafeteria)

Monday–Friday: Lunch: 11–12 p.m.; Dinner: 4–5 p.m.

Saturday: Breakfast 8-9:30 a.m.; Lunch 11-12 p.m.

Bloomington Meals on Wheels, Inc.

Address: 727 W. 1st Street

Phone: (812) 323-4982

Web: www.bloomingtonmealsonwheels.org

About: Provides meals to homebound people who are unable to cook for themselves. No age or economic restrictions. To enroll, call number

listed. A volunteer will arrange for meal delivery and special dietary needs, explain the costs and how payments can be made.

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We share a home-based dinner every night of the week at 6:00 on the southside to which all are welcome. Thursday nights have the largest feast. Please call so we can direct you to the correct house.

City Church Food Outreach

Address: 1200 N Russell Rd. Bloomington IN 47404

Phone: 812-336-5958

Web: citychurchfamily.org

Email: info@citychurchfamily.org

About: City's Food Outreach brings the mission of LOVE people, BUILD family, LEAD to destiny to life. Currently the Food Outreach gives groceries to families every month following the 3rd Saturday of the month service. Saturday service starts at 5:30 and tickets are distributed discreetly during service. December 20th, January 17th, February 21st, March 21st

Community Kitchen

Address: 1515 S. Rogers St.

Phone: (812) 332-0999

Web: www.monroecommunitykitchen.com

Volunteer Contact: Annie Brookshire ([812] 332-0999; volunteer@monroecommunitykitchen.com)

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot meals in a sit-down area as well as cold carry-out boxed meals. Also provides meals for afterschool programs at Boys and Girls Club, The Rise, Girls, Inc., Monroe County Community Corrections JAMS Program, Teen Learning Center, and Rhino's Youth Center.

Community Kitchen Express

Address: 1100 W. 11th St.

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot and cold meals as carry-out only. See Community Kitchen listing (above) for phone and volunteer information.

First Christian Church

Address: Corner of Kirkwood Ave. and Washington St.

Sunday: Breakfast: 8-9:30 a.m.

First Presbyterian Church

Address: Corner of Lincoln and 7th Streets

Saturday: Breakfast: 7:30-9:00 a.m.

Harvest House Soup Kitchen

Address: 1107 S. Fairview Dr.

Phone: (812) 339-4462

Sunday: Lunch: 2-4 p.m.

Shalom Community Center

Address: 620 South Walnut Street

Phone: (812) 334-5728

Web: www.shalomcommunitycenter.org

Monday-Friday: Breakfast: 8-9:30 a.m.; Lunch: 12-1:30 p.m (except Wednesday lunch, 12-1 p.m.)

About: A daytime resource center for those experiencing homelessness and poverty. The facility is open all day and functions as a Day Shelter for guests, where they can use restroom facilities, make phone calls, and do their laundry. Guests can go there to see case workers, employment counselors, connect with visiting agencies, seek assistance through the Family Homelessness Prevention Project, store belongings, receive mail, use restroom facilities, and take a hot shower.

Pantries/Groceries

Area 10 Agency on Aging

See meals and pantries —meals

Hoosier Hills Food Bank

Address: 2333 W. Industrial Park Drive

Phone: (812) 334-8374

Web: www.hhfoodbank.org

Volunteer Contact: Kai Westerfield (334-8374; volunteer@hhfoodbank.org)

About: Collects, stores and distributes donated food to 84 nonprofit organizations with feeding programs that directly serve needy and hungry people. Distributes about 2 million pounds of food to hungry people each year.

MCUM Emergency Food Pantry

Address: 827 W. 14th Ct.

Phone: (812) 339-3429

Web: www.mcum.org

Hours: Monday-Friday 8-11:30 a.m.; 1-3:15 p.m.

About: Distributes non-perishable food, three days' supply provided. Must be Monroe County resident and complete a brief intake form.

Mother Hubbard's Cupboard

Address: 1100 Allen Street

Phone: (812) 355-6843

Web: www.mhcfoodpantry.org

Hours: Monday-Friday 12-6 p.m.

About: Provides nutritious food to people in need. Most of the food is received from the Hoosier Hills Food Bank. Also operates a Nutrition Education Program and an organic Community Gardening Program.

Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Hours: Tues, Thurs 1-3:30 and Wed, Fri 9-11:30

About: Need ID. Depending upon income and resources, can offer one week's supply of groceries. Will not provide again for at least 30 days.

SLO FoodS garden pantry

About:The program emphasizes locally grown produce and dispenses food to those in need on a weekly basis.

When: Wednesdays from 1:00–3:00 pm

Where: 615 N. Fairview Street (Trained Eye Arts Center) (on the B-Line Trail just south of 11th St. underpass)

Volunteer Contact: Mylo Roze, Director–Eco Media Center Coordinator–SLO FoodS garden pantry

Web: http://ecomediacycenter.org
greenthcity@yahoo.com

First United Methodist Church

Address: 219 E. 4th Street

Hours: Wednesdays, 3:00-5:30 p.m.

About: Provides brown bag lunch, groceries.

Township Trustees Food Pantries—Bloomington

Address: 2111 W. Vernal Pike

Phone: (812) 336-4976

Hours: Monday–Friday 8 a.m.–4 p.m.

About: Provides canned goods. Must be a resident of Bloomington Township.

Township Trustees Food Pantries—Perry

Address: 1010 S. Walnut St.

Phone: (812) 336-3713

Hours: Monday–Friday 9 a.m.–3 p.m.

About: Provides canned goods. Must be a resident of Perry Township.

Medicaid

Division of Family Resources

About: Medicaid is a federal and state funded medical assistance program that pays for approved and needed medical care for persons who meet eligibility requirements. For more information on the Division of Family Resources see the family services listing.

Older citizen programs

Area 10 Agency on Aging

Address: 631 W. Edgewood Drive, Ellettsville, Indiana 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Offers programs and services, as well as being a resource of information about services for older and disabled citizens living in Monroe and Owen counties. Services that can be accessed include the Aging and Disability Resource Center, 2-1-1 Infolink, in-home health-related services and referrals, home-delivered meals, food pantry, congregare meal sites, support groups, education for family caregivers, affordable housing, assistance for the homebound, handyman services, a long-term-care ombudsman program for residents of area nursing homes, RSVP 55+ Volunteer Program, recreational and arts

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programs at Area 10's Endwright Center in Ellettsville, and Rural Transit bus service.

Pregnancy testing, counseling, education

Planned Parenthood

See health care.

WIC Program

See family services.

Rent, utility, bill assistance

First call the Township Trustee in the Monroe County Township in which you live: Bean Blossom (876-5109), Benton (339-6593), Bloomington (336-4976), Clear Creek (824-7225), Indian Creek (824-4981), Perry (336-3713) Polk (837-9446), Richland (876-2509), Salt Creek (332-9777), Van Buren (825-4490), Washington (331-0809).

Youth programs

Big Brothers Big Sisters

Address: 807 N. College Avenue

Phone: (812) 334-2828

Web: www.bigsindiana.org

Volunteer Contact: Mark Voland, mvoland@bigsindiana.org, 812-334-2828, ext. 227.

About: Big Brothers Big Sisters of South Central Indiana helps children in Monroe and Owen counties reach their potential through professionally supported, one to one relationships with measurable impact.

Bloomington Boys and Girls Club

Address: 311 S. Lincoln St.

Phone: (812) 332-5311

Web: www.bgcbloomington.org

About: A guidance organization which fosters the physical, intellectual and social growth of boys and girls ages 6-18 with a special concern for those most in need of service.

Girls Inc.

Address: 1108 W. 8th St.

Phone: (812) 336-7313

Web: www.girlsinc-monroe.org

Volunteer Contact: Lucy Berger, Director of Operations ([812] 336-7313; lberger@monroe.girls-inc.org)

About: Girls Inc. of Monroe County, is an affiliate of a national youth organization dedicated to inspiring girls to be strong, smart, and bold through after school programming, organized sports, and summer/winter camps. Provides programming for girls ages 6 to 18. Services include transportation, organized sports, a teen room, technology, self-defense and homework help.

Harmony School

Address: 909 E. 2nd St.

Phone: (812) 334-8349

Web: www.harmonyschool.org

Volunteer Contact: Libby Gwynn ([812] 334-8349; libby@harmonyschool.org)

About: An independent pre-Kindergarten through 12th grade school providing education to youth ages 3 to 18 from a wide range of economic and educational backgrounds.

Rhino's Youth Center

Address: 331 S. Walnut St.

Phone: (812) 333-3430

Web: www.rhinosyouthcenter.org

Volunteer Contact: Brad Wilhelm ([812] 333-3430; rhinosdirector@ameritech.net)

About: Provides entertainment as well as other programs for the youth of our community in an alcohol, tobacco, and drug free environment. In addition to music and shows, provides programs in partnership with the City of Bloomington Parks and Recreation Department through the week after school. Several creative and practical classes and workshops, as well as mentoring, tutoring, counseling, and more, are available.

WonderLab Museum of Science, Health and Technology

Address: 308 W. 4th St.

Phone: (812) 337-1337

Web: www.wonderlab.org

Volunteer Program: (812) 337-1337 ext. 20 or volunteer@wonderlab.org

About: WonderLab is an award-winning science museum with hands-on exhibits and programs for children and their families. WonderLab offers a free Teen Night monthly during the school year. WonderLab also participates in the Access Pass Program, which provides reduced admission of \$1 per family member per visit for eligible families. The museum also offers many half-price admission events. Volunteering is a natural next step for teens. Those entering grade 7 are eligible to become volunteers at the museum. Additionally, high school students are eligible to apply for summer internships at WonderCamp, the museum's summer science day camp.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Alongside youth shelter (see housing [youth]), provides counseling, education, supervised recreation, and transportation to and from school, as well as referrals to a variety of agencies for other needed services.

Additional services

Catholic Charities-Bloomington

Address: 631 North College Avenue

Phone: (812) 332-1262

Web: www.CatholicCharitiesBtown.org

About: Provides education, social service delivery, and advocacy. Takes special interest

in poor, disabled, and otherwise disadvantaged persons. Serves residences of Brown, Lawrence, Morgan, Monroe, Orange and Owen counties, especially through mental health services. Provides individual, family, couples and group counseling to the English- and Spanish-speaking clients.

City of Bloomington Volunteer Network

Address: 401 N. Morton St. Suite 260

Phone: 812-349-3433

Web: www.bloomington.in.gov/volunteer

About: The Volunteer Network, which has over 200 local partner nonprofit and governmental organizations, is your one-stop source for volunteer information in Bloomington and Monroe County. Member organizations post their volunteer needs on the Network's online database so potential volunteers can see what community needs they can meet. The Volunteer Network also offers training in volunteer management to new volunteer coordinators and training in nonprofit board service to new and continuing board members. The Network partners with the Martin Luther King Birthday Celebration Commission in the organization of the 'A Day On, Not a Day Off' day of service, in which thousands of Bloomingtonians participate. In addition, the Network matches the material needs of local nonprofit organizations with community members and businesses who can meet those needs through our partnership with the Herald-Times on the Community Wish List.

Habitat for Humanity of Monroe County

Address: 213 E. Kirkwood Avenue

Phone: (812) 331-4069

Web: www.monroecountyhabitat.org

About: Habitat for Humanity helps families and volunteers to build homes for those living in inadequate housing. The homes are for families who have an income but do not have the funds to secure a bank loan. The money to build the homes comes from contributions from local churches, citizens, businesses, and other sponsors. Families pay back a zero interest mortgage over 15-25 years. That money goes into a fund which helps to pay for more houses.

Monroe County Safe Kids Chapter

Phone: (812) 353-5437

About: Certified Child Passenger Safety technicians will help you install your child's car seat and answer questions regarding general vehicle safety. If you need financial help with the purchase of a seat, let us know. All services are by appointment only.

Midwest Pages to Prisoners Project

Address: 310A S. Washington St.

Phone: (812) 339-8710

Web: www.pagestoprisoners.org

Volunteer Contact: Tess Hannah (339-8710; midwestpagestoprisoners@yahoo.com)

About: Provides free reading material to inmates

upon request. Encourages self-education among prisoners in the United States.

Monroe County Public Library

Address: 303 E. Kirkwood Ave.

Phone: (812) 349-3050

Web: www.mcpl.info

About: Offers free books, magazines, music CDs, and movies to check out; public Internet computers; downloadable audiobooks and ebooks; and free programs for all ages. It serves the county through facilities in Bloomington and Ellettsville, the Bookmobile, the Outreach Van, and Homebound service. Library cards are available at no charge to all county residents. The VITAL literacy program offers one-on-one confidential tutoring to adult learners and ESL conversation groups. During the school year, the library offers homework help to elementary students and math and reading/writing homework help to teens. During income tax season, volunteers offer free tax help. The library also has public meeting rooms for use by nonprofit groups. Anyone in the community can produce a program through Community Access TV (CATS) for the Public Access Channel.

New Leaf-New Life, Inc.

Address: 1010 S. Walnut St., Suite F

Phone: (812) 355-6842

Email: newleaf1010@gmail.com

Web: www.newleaf-newlife.org

About: New Leaf-New Life runs therapeutic programs in the Monroe County jail, and provides products and services to ex-offenders at our office at 1010 South Walnut, Suite F. Services offered include: assistance in obtaining a birth certificate or social security card, employment help, support groups, family support, community referrals, clothing, bus tickets, hygiene products, and funding for GED testing. Volunteer opportunities can include: mentoring, transition services, office work, family outreach, and programming in the Jail. Check our Facebook page for news and updates.

Reach High Consulting & Therapy LLC.

Autism ABA and Diagnostic Clinic

Address: 2101 W Tapp Rd. Bloomington IN 47403

Website: reachhighconsulting.org

Phone: 812-330-4460

Fax: 812-330-4461

Email: aba@reachhighconsulting.org

About RHC: Reach High is Bloomington's first ABA clinic. Reach High was birthed out of a growing need in the City of Bloomington. Providing Applied Behavior Analysis (ABA) has meant families and clients are equipped with the tools to reach their maximum potential. Reach High strives to have clients in multiple environments within the community, this allows for skill sets to be strengthened and become more natural overtime.