

FREE



South Central Community Action Program

SCCAP

Empowering people to reach their potential

A social service publication about our community — Brought to you by the South Central Community Action Program

Safety~Net

October-December
2016

Free Alzheimer's Education Series This Fall

By Chris Jackson

Special Audiences Strategist, Monroe County Public Library

Statistics don't lie, or so we hear. Sometimes, though, statistics—like the one that says five million Americans now live with Alzheimer's disease—tell only part of a bigger, more alarming story.

It's true enough that five million people, most of them elderly, are currently diagnosed with Alzheimer's or a related dementia, diseases that can't be treated, cured, or even prevented. But many more of us live with dementia in a different way: from the outside, as family members, friends, neighbors, and fellow community members. We know the agony of watching Alzheimer's patients suffer, because they're often under our care: eighteen billion unpaid hours' worth in 2015, according to the Alzheimer's Association, at an average of \$15,000 in lost income per caregiver that year. And when the disease does require us to pay someone else to provide care, the price tag is enormous—\$236 billion is the estimate for professional Alzheimer's care in the United States for 2016, with less than half covered by Medicare.

So how do you make sense of Alzheimer's disease? How do you know when memory issues are normal, and when they may be signs of something more serious? And if Alzheimer's is the diagnosis, how do patients, and those who love them, live well as the disease runs its course?

These unsettling but crucial questions prompted Monroe County Public Library, the Alzheimer's Association, IU Health, and the Bloomington Hospital Foundation to partner together in offering Understanding Alzheimer's: An Awareness & Education Series, free events open to the public this fall at the Library.

On Thursday, September 8, *You're Looking at Me Like I Live Here and I Don't*, an award-winning documentary film on Alzheimer's, is shown, followed by a question and answer session with Dayna Thompson, Alzheimer's Educator with IU Health Bloomington.

Monday, September 26, the Alzheimer's Association presents "Memory Loss, Dementia, & Alzheimer's Disease: The Basics," an information session on knowing when it's time for professional evaluation of memory issues.

IU Health offers "Alzheimer's Care: A Control Journal Workshop for Caregivers" on Saturday, October 22, where participants will learn best practices for sharing important information among those providing support for a person living with dementia.

"Alzheimer's Disease: Know the 10 Signs" is presented by the Alzheimer's Association on Thursday, November 3, and Memory Screenings are available on Saturday, November 12 at the Ellettsville Branch and Thursday, November 17th at the Main Library.

Some events require registration; to learn more, please visit <http://mcpl.info/alzheimers>, see the Library's Fall 2016 Program Guide, or call the Library at (812) 349-3050.

New Program at Alzheimer's Special Care Center

By Rachel Hall Program Director • rachel.hall@jeaseniiorliving.com • 3203 N Moores Pike Road
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David White, a long-time volunteer with Autumn Hills Alzheimer's Special Care Center has taken on a new role in the neighborhood. For several months, David has been leading the men's groups every Tuesday and the impact has been profound. Many have been ravaged by the effects of Alzheimer's disease and dementia however, the men really seem to struggle with the role changes that occur when transitioning to a long-term care environment. What men's club does, essentially, is create an environment where men can commune with their peers in a judgement free zone. They don't have to worry about what comes next, what they should or should not be doing. They are communicating about what they would like to see changed within their home and discussing ways to do it. They are participating in their own lives again. Men's club is more than just a gathering of men, it gives them a purpose and reminds them that no matter how their circumstances have changed, their value hasn't. They can still contribute to their community and experience the camaraderie that gives meaning to being.



Editorial Cartoon by Joe Lee

Stone Belt's Milestones program partners with Centerstone to provide skills development services

By Linda Margison • Communications Manager • lmargison@stonebelt.org • www.stonebelt.org

Stone Belt Arc staff members are optimistic about the new partnership between Milestones and Centerstone, a community mental health center with facilities in Bloomington and across the state.

"I'm excited because Centerstone has a good clinical focus," says Jennifer Hammond, the Skills Development coordinator at Milestones. "Our program is going to benefit from their clinical support."

Launched in May, the Centerstone partnership will allow Milestones to continue to provide individuals with quality skills development services.

"The skills clinicians work directly with individuals to overcome the problems that are keeping them from meeting their goals," Milestones Director Jim Wiltz says. "When you have a clinical diagnosis that often prevents you from being able to fully enjoy your life, it's a barrier, and the skills clinicians and the assessments are designed to assess what those barriers are. The treatments are specifically designed case by case, one on one with the person, to address the individual's needs to overcome the problems that are created by the

mental health diagnosis."

Wiltz adds that Stone Belt's interest in partnering with Centerstone involves providing services to people who have dual diagnoses of developmental disabilities and mental health issues.

The two-year-old Skills Development program is a part of the Medicaid Rehabilitation Option, which means services must be provided through a community mental health center like Centerstone. Both Wiltz and Hammond are excited for this transition, because Centerstone has a large community-based presence in Bloomington, Bedford and Columbus, where most of Milestones and Stone Belt clients reside.

"I have high expectations," Hammond says. "Once this transition is over, the plan is to grow the program with Centerstone, since they have locations in many of the areas that we serve."

Wiltz agrees that working with a local entity in communities served by Stone Belt is beneficial for everyone involved and provides positive growth potential.

"The cool thing is, we're now working with the local CMHC, which is much better for

Monroe County, it's better for Bloomington," he says. "Centerstone has presences in all the places we are expanding our behavioral support services."

Besides expanding to new communities, Wiltz hopes to work more with local school systems. By having the partnership with Centerstone, Milestones gains credibility to enter schools by having the coordinating efforts of a known entity.

Skills development services can be provided in a classroom setting with no disturbance to the class. Case management services, like those provided by Centerstone, include coordinating services and communication with other provider agencies and accessing community services.

Wiltz explained that skills development could involve helping a child with attention-deficit/hyperactivity disorder learn to complete one task before starting another, or helping a person with panic disorder be able to leave the home.

For more information, contact Hammond at (812) 333-6324, ext. 188, or jhammond@stonebelt.org.

Stepping Stones

Stepping Stones is a transitional housing program for youth experiencing and at risk of homelessness between the ages of 16-20. Operating out of an apartment complex in Bloomington, Indiana, we provide residents housing, case management, and life skills coaching in a client-centered, strength-based, empowerment-focused atmosphere. We have a maximum capacity of nine residents, and residents can stay in our program for up to two years or until their 21st birthday. For youth just entering adulthood, this two year time limit is crucial for creating stability, security and time to build crucial independent living skills and maturity.

In 2015, we served 16 residents. However, a total of 80 individuals applied to our program, the vast majority of reside in Bloomington and

the surrounding area. At any given time, there are about 20-30 active, eligible residents sitting on our waitlist. As the only provider in the Bloomington area that exclusively serves at-risk youth over the age of 18-and only one of three youth transitional housing providers in the state of Indiana-it is clear that the need for services is enormous, and that our current program capacity is insufficient to address the community-wide crisis of youth transitioning into adulthood with too few resources, skills, and housing options.

With so many young people on our waitlist, we have piloted our Street Outreach Program. This initiative is focused on increasing our capacity for outreach among those youth

ages 16-24 who are: 1) homeless or at risk but unwilling or unable to participate in the Stepping Stones transitional housing program; 2) housed with guardians of in a permanent placement but experiencing challenges that may eventually lead to loss of housing for the youth; or 3) youth who are anticipated to enter our program (via our waitlist), but are still waiting for a spot in the program to open up.

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About *Safety~Net*

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AGENCY REPORTS

Each issue of *Safety~Net* has articles contributed from the many non-profit/social service agencies in the Bloomington area about programs and services that they provide, as well as volunteer opportunities.

AGENCY GUIDE

There is an extensive Agency Guide pointing out where specific services/programs are available and how to access them.

WE WELCOME COMMENTS AND SUGGESTIONS.

Please send these to the editor at white@indiana.edu. Sign your name, and indicate whether you would like for your comments to be published.

EnergyBus

By Doug Wilson,
Director of Communications
and Development,
South Central Community

Some people have no idea how much money they could save through weatherization and other home energy conservation measures.

And many people don't know where to get started. What can they do themselves to save energy? What relatively small investments can they make that will return the most in savings of energy and money?

A new EnergyBus, funded through an Indiana Housing and Community Development Authority Innovative Grant, will soon be rolling in Monroe County to help local residents discover answers to these questions as they receive hands-on education in weatherization and home energy conservation.

The EnergyBus, a former Head Start bus owned by the South Central Community Action Program, is a collaborative project of SCCAP and the Monroe County Energy Challenge (MCEC), a broad coalition of community organizations collaborating to reduce energy use.

The Energy Challenge was created in response to the Georgetown University Energy Prize, a nationwide, two-year energy savings competition. MCEC is one of 50 communities competing to see who can reduce their electricity and natural gas use the most during the 2015-2016 competition period, by using innovative, broad-reaching methods. The winning community will receive \$5 million in prize money to further promote energy efficiency projects in the community.



EnergyBus

The EnergyBus project builds upon an earlier idea to create a Monroe County EnergyMobile, a Toyota Prius, that's used by MCEC staff and volunteers for transporting and delivering energy efficiency materials, travel to perform free home energy audits and basic weatherization services, and participation in community events. The EnergyMobile, wrapped in the same colorful design as the EnergyBus, was funded through a 2015 Vectren Foundation grant to SCCAP.

SCCAP Executive Director Todd Lare came up with the idea for the EnergyBus as part of the planning for a 2015 IHCDA Innovative Grant application. The idea was met with enthusiasm by Energy Challenge partners and volunteers who had seen a similar vehicle or two at national energy conservation events, but not in Indiana.

A \$50,000 IHCDA Innovative Grant

helped SCCAP pay for renovation of the bus and for launching a Weatherization Training Program that provided skills to low-income participants so they could develop job skills and become involved in the Energy Challenge's community outreach and weatherization activities.

SCCAP hired long-time high school industrial arts teacher Terry Quigley to provide 12 weekly training sessions. Topics included alternative energy, assessment and blower door use, attic insulation, energy efficiency pyramids, mold remediation, sealing windows, solar energy, thermal camera use, water conservation and weatherization overview. Since the weatherization training ended, Quigley is facilitating the program's graduates in helping the Energy Challenge to promote energy conservation at community events and to provide basic

weatherization in homes.

Quigley is also working with MCEC staff and volunteers in planning and building the interactive weatherization and energy conservation stations to be offered inside the EnergyBus. Stations will engage participants to learn about and in some cases practice such measures as caulking windows and door frames, weatherstripping doors, insulating an attic or water pipes, using an infrared camera and installing a programmable thermostat.

The EnergyBus will be available to the public at community events, neighborhood weatherization blitzes, schools and businesses such as hardware stores. After the EnergyChallenge is over at the end of 2016, SCCAP will continue to use the bus as part of its energy education initiatives in Brown, Monroe, Morgan and Owen counties.

STEPPING STONES

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Our outreach efforts with the Bloomington youth will focus on building long term relationships that ultimately assist a young person in finding stable, permanent housing. Upon identifying or receiving notice of a youth in need of our services, our Outreach Coordinator-Melissa Paneto, will meet the youth somewhere in

the community where they feel most comfortable and collaboratively assess the youth's need. These needs may consist of: educational goals, job searching, resume building, food stamps, health insurance, appointment, etc.

For the past two month we've piloted our Street Outreach Program, we have seen many success stories. One that comes to mind is a young person who was literally homeless looking for housing. Through the efforts of the Outreach Coordinator, we worked together

to get this young person a job, start online classes to attain their high school diploma, and is now currently being housed in our transitional housing program.

If you as a provider, community member, or young person is interested in seeking our Housing and/or Supportive Services from Stepping Stones, please feel free to call our office at 812-339-9771 or email our Outreach Coordinator at mpaneto@steppingstones-inc.org

SCCAP 2016-17 Winter Energy Assistance Program to begin in November

By Doug Wilson, SCCAP Director of Communications

The South Central Community Action Program's annual winter Energy Assistance Program will begin in early November. An exact date for the start of the program hasn't been announced yet by the Indiana Housing and Community Development Authority. That information, along with applications and other forms, will be posted at www.insccap.org as soon as they are available.

Last winter, SCCAP provided energy assistance to 3,188 households in Brown, Monroe, Morgan and Owen counties.

SCCAP will hold energy education events in each county it serves. The schedule for the events is: Morgan County, Tuesday, Oct. 18, 2-4 p.m. at the Morgan County Administration Building; Brown County, Thursday, Oct. 20, 1:30-3:30 p.m. at Willow Manor Senior Apartments community center; Monroe County, Oct. 24, 2-4 p.m. at the City of Bloomington Utilities office; and Owen County, Tuesday, Oct. 25, 2-4 p.m. at Owen County State Bank in Spencer.

The events are free and open to the public. SCCAP staff will be available to answer questions about this year's Energy Assistance Program, as well as to provide tips and pointers on how to conserve energy and save money. The at-risk population who receive their energy assistance applications in the mail before the events (low-income households with a member of the household 60 and over, five and under, or disabled) should bring the completed application and all of the required paperwork with them to the events. Staff from utility companies and other partners will attend the energy education events to provide valuable information on topics such as money management and reducing your energy use and bills. For more information, call 812-339-3447 or visit insccap.org.



1,000 LEDs for Monroe County

By Jackie Duemler, Monroe County Energy Challenge

The Monroe County Energy Challenge is excited to announce its newest energy initiative, Project Porchlight! The program is based off a successful Canadian effort designed to engage local residents about energy saving opportunities in their home. For the program, MCEC will be partnering with local hardware stores including Bloomington Hardware, Black Lumber, and True Value to distribute 1,000 free LED bulbs in our community!

One bulb may not seem like much, but switching from a 75 watt bulb that's left on 24 hours each day to an LED equivalent 13.5 watt bulb on only 12 hours each day saves the home's occupants \$35 a year! This adds up when you begin making energy efficiency changes throughout your home, both inside and out.



The Energy Challenge is focusing on porch lights because the light outside your door is often the harbinger indicating the overall efficiency of your home. Look around. Do you see outside lights on 24 hours a day where they're not needed? Worse yet, are these lights old, inefficient incandescent bulbs? If a home is wasting energy on the front porch, it's likely a similar story inside the house.

FREE LEDS! When, where?

The Energy Challenge will be hosting a variety of energy fairs and events at local hardware stores and neighborhood parks to distribute the LEDs. Come visit any of the following events and get a free LED, sign up for free home energy assessments, pedal our energy bikes and have fun!

- Saturday, October 1, 11-2pm: Rev Ernest D. Butler Park (in the Near West Side neighborhood)
- Saturday, October 8, 11-2pm: Bloomington Hardware
- Saturday, October 15, 10:30-1pm: Black Lumber
- Sunday, October 16, 10:30-1pm: True Value (Ellettsville)

The Energy Challenge will also be doing door to door outreach so watch for us this month, and let us know where you find areas with perpetual outside lighting so we can help save energy!

Women writing for (a) change Bloomington and the **Writing for a Change Foundation-Bloomington** started their work at the Monroe County Corrections Center in August of 2006. This summer marks nine years of this writing program coming together with New Leaf; New Life to try to help incarcerated women make new lives for themselves.

Our project involves inviting women into a safe community that encourages writing as a tool for self-expression, story telling and community building. We ask each participant to reflect on and write about her experience in poetry and prose, to share her words with the rest of the writers in the circle and to listen deeply to her fellow writers and community members.

We are proud of the work we do encouraging strength, voice and self-expression through writing. We see these women become more insightful and reflective about their own lives. We are excited to continue to offer writing services to women at the MCCC every Saturday throughout the year. For more information on our adult circles, young women's programs and other outreach programs, please see our website: www.womenwritingbloomington.org

by Zepha, Danielle, Cassie,
Melissasue, Stacey, Tiffany,
Sierra, Ariel, Charlotte, Lauren

**Brick walls surround us
Time seems to stand still
Will this EVER END?
A reason to start over,
I search my mind and heart,
and worry about what I'll discover.
When I find what I'm looking for,
searching for a new way of life,
trying to stay strong
as we all carry on day by day.**

New Leaf-New Life is a 501 c3 nonprofit organization that offers services to inmates in the Monroe County Jail during incarceration and after release. Applying the philosophy of therapeutic justice, we encourage personal growth and self-advocacy, supporting incarcerated individuals in their efforts to make a successful transition back into the community.

Insulation project will save low-income households tens of thousands in energy costs

By Doug Wilson • Director of Communications, South Central Community Action Program

Thanks to the efforts of volunteers, AmeriCorps members and several organizations, 22 low-income families in Monroe County will live in homes with well-insulated attics.

That's the result of a just-completed project in which the Monroe County Energy Challenge, City of Bloomington, South Central Community Action Program and Vectren teamed up to provide free or low-cost attic insulation and air sealing.

In six weeks during July and August, a team of nine National Civilian Community Corps (NCCC) members air sealed and insulated the 22 homes, reducing the participants' annual utility costs by an estimated \$5,313 this year. The NCCC members were trained by Monroe County Energy Challenge volunteers and their work was inspected by a licensed professional.

With rising utility costs, the insulation and sealing project is expected to result in savings of more than \$84,000 over the next 10 years. The project will also reduce greenhouse gas emissions by an estimated



National Civilian Community Corps members pose with the new Monroe County EnergyBus. These AmeriCorps participants used the EnergyBus to transport materials for insulating and sealing the attics of 22 homes occupied by low-income households.



National Civilian Community Corps members Jenna Uretsky(left) and Keziah Little pour cellulose into the hopper to prepare it for use as attic insulation.

46,323 lbs. per year, while also improving the comfort and warmth of the families living in the insulated homes.

"We are thrilled with the results of the attic insulation pilot program and are actively looking for ways to expand the program in the future," said Monroe County Energy Challenge Outreach Coordinator Jackie Duemler.

The project was funded by a \$20,000 grant from the Vectren Foundation to the South Central Community Action Program, as well as by smaller grants and donations. This is the second major grant Vectren has made to support the Monroe County Energy Challenge.

Vectren previously provided a \$58,603 grant to SCCAP for Energy Challenge initiatives and outreach. These included purchasing and equipping an EnergyMobile, a Toyota Prius V hybrid, that's used to share information and materials for energy efficiency in schools, workplaces and neighborhoods.

The project was coordinated by Duemler, Jacqui Bauer and Eric Chalfant of the Energy Challenge with support from partners and volunteers including Woodie Bessler of the Southern Indiana Renewable Energy Network, Terry Quigley of SCCAP, Nolan Hendon and Alex Jorck of City of Bloomington Utilities, Loren Stumpner of Stumpner's Building Services and Doug Clausman of Advanced Energy Solutions.

The Energy Challenge is currently looking at ways to continue the attic insulation and sealing program now that the AmeriCorps members have moved on to do work in other communities.

Mayor John Hamilton proclaimed Aug. 31 NCCC AmeriCorps Team Oak 7 Day in Bloomington in honor of the hard work completed by members in contributing to energy conservation and the well-being of low-income households.

"The Monroe County Energy Challenge is a great way to not only educate people about the importance of energy conservation", said Tom Moore, Manager of Community Engagement for the Vectren Foundation, "but to build community by engaging residents in the process."



volunteers

Ways to Get Involved— to Relieve Poverty, to Prevent Poverty, to Work Towards Social Justice

*Submitted by Bet Savich, Director, City of Bloomington Volunteer Network
volunteer@bloomington.in.gov • (812) 349-3472 • www.BloomingtonVolunteerNetwork.org*

The City of Bloomington Volunteer Network is the primary source for information about volunteering locally. To search for more opportunities, visit www.bloomington.in.gov/volunteer, call 349-3433 or email volunteer@bloomington.in.gov. The inclusion of an organization in this list does not imply City endorsement or support of the organization's activities or policies.

All-Options Pregnancy Resource Center

All-Options Pregnancy Resource Center is seeking compassionate, committed volunteers to join their organization. In addition to their peer counselors, volunteers may contribute by providing office support or by acting as outreach ambassadors. Office support volunteers participate in a one day training which will take place Oct. 15. They then greet clients and assist with material donations, such as baby clothes, diapers, and care kits. Outreach volunteers act as radical All-Options ambassadors in the community, representing All-Options at community events and facilitating training for local community organizations and agencies. Minimum age is 18. Please contact Rachel Gray at (812) 558-0089 or rachel@alloptionsprc.org. (www.alloptionsprc.org)



All Options Volunteer Advocates

Court Appointed Special Advocates - Training for New CASA Child Advocates

Will you be a child's voice today? There are over 90 children waiting for a Court Appointed

Special Advocate! CASA is seeking a long term relationship - at least two years - with community members aged 21+ who care about children and are interested in learning about

family dynamics, the juvenile court system and how to write reports for the judiciary. Individuals must be team players, enjoy learning and share a vision of a community

where all children live in a safe, permanent and loving home. Ideal candidates will have a

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fairly flexible schedule, reliable transportation and 12-15 hours available a month. No special skills are needed. Training is provided at no cost to those willing to invest 33 hours. Volunteers must submit an application and attend an interview prior to training. CASAs come from all walks of life and do not have to be lawyers or social workers. Please contact Amber Shride at (812) 333-2272 or amber.shride@monroecountycasa.org for a schedule of upcoming trainings. (www.monroecountycasa.org)

District 10 Pro Bono Project - Office Assistant

The District 10 Pro Bono Project is a nonprofit social service legal aid program serving low-income populations who could not otherwise obtain legal counsel. District 10 is seeking long-term, part-time volunteer office assistance for 2-8 hours weekly or bi-weekly. Candidate should be computer savvy, and will assist with filing, data entry, scanning, shredding and housekeeping duties. Volunteer may occasionally assist with client intakes or legal interviews. Candidate must have an understanding of poverty and the issues that contribute to the needs of the financially challenged. Minimum age is 18. If you are highly organized, comfortable with a computer, have respect for confidentiality, and enjoy helping people, please apply for this position by sending a cover letter, resume and at least three professional references to Sara Waters at eszidist10probono@gmail.com or (812) 339-3610. (www.facebook.com/district10probonoproject)

Friend's Place

Volunteers are essential at Friend's Place emergency shelter, as they assist with distributing items, preparing sleeping spaces, answering phone calls, supervising chore duties and connecting clients to appropriate caseworkers and agencies. Volunteers help to create a safe, caring and supportive environment for clients, as they respect the dignity and self-esteem of all clients with whom they interact. Ideal candidates would have experience in social services, specifically in Monroe County. Minimum age is 18. Please contact Nikki Reising at (812) 334-5734 ext. 23 or nikki@shalomcommunitycenter.org. (www.shalomcommunitycenter.org)

Grace Center Food Pantry - Thursdays

Grace Center offers a place where the people of Clear Creek, Indian Creek, and

Polk Townships (Harrodsburg, Kirksville, and Smithville), can gather to strengthen their communities. The center provides programs that create a balance between social, recreational, and cultural activities and which also support critical social service needs. The center places a special emphasis on providing food to those in need and is seeking volunteers to manage the distribution of food during pantry hours, from 3 to 7 p.m. on Thursdays. This includes stocking, setting up, distributing the food and cleaning up. Minimum age is 18. Please contact Matt Hinshaw at (812) 272-9472 or gracecenterinc@gmail.com. (www.gracecenterindiana.org)

Habitat for Humanity - Family Services Intern or Community Volunteer

Habitat for Humanity of Monroe County is seeking an individual to work closely with the Family Services team to provide support with database management, mortgage servicing, grant compliance, meeting preparation, income calculations, communications with partner families and possibly event planning. The ideal candidate will have good organizational and communication skills, as well as a knack for math and spreadsheets. Start and end dates are flexible, as are the hours. Minimum age is 18. Please contact Rebecca Mankowski at (812) 331-4069 or mankowski@monroecountyhabitat.org. (www.monroecountyhabitat.org)

Habitat for Humanity - Love to Feed Hungry Volunteers? Habitat Food Providers

Do friends and family tell you what a wonderful cook or baker you are? Support a great cause by feeding hungry Habitat for Humanity construction volunteers! With your help, Habitat provides morning snacks and lunches on the construction site each Wed., Thurs. and Sat. morning. This is another great way for individuals or groups to get involved in supporting community development and civic engagement. You will get to meet the construction crew, receive hearty accolades for your great food, and see the impact of your contribution to Habitat's mission to end the cycle of poverty housing in Monroe County! Minimum age is 16; 10 if with an adult. Please contact Sarah Young at (812) 331-4069 ext. 202 or vsl@monroecountyhabitat.org. (www.monroecountyhabitat.org)

Hoosier Hills Food Bank - Garden and Gleaning

The Hoosier Hills Food Bank's garden and gleaning program provides locally grown, fresh fruits and vegetables for free distribution



Middle Way Training

to those in need of emergency food assistance. The math is simple – the more volunteers they have, the more fresh food they can grow. Volunteers need not have gardening experience and can join them any time during regular garden volunteer hours. From April through October, those hours are 9-11 a.m. on Mon. and Thurs., and 5:30-7:30 p.m. on Wed. To check for weather cancellations, special volunteer events or teen gardening, visit the website's garden and gleaning calendar. They also welcome school, church and other community groups. Minimum age is 15; 8 if with an adult. Please contact Sara Swan at (812) 334-8374 or garden@hhfoodbank.org. (www.hhfoodbank.org)

Middle Way House Volunteer Training

Middle Way House regularly trains new volunteers to maintain the level of service

they provide to survivors of domestic violence and sexual assault. Both women and men are strongly encouraged to attend the training, a prerequisite to volunteer, but it is also appropriate for those interested in learning more about the dynamics of gender and domestic violence. Volunteer opportunities include: crisis line, childcare, tutoring, legal advocacy, community reception, and youth mentoring. Please contact Debra Morrow at (812) 337-4510 or volunteer@middlewayhouse.org for the schedule of trainings. (www.middlewayhouse.org)

Opportunity House Resale Store

Opportunity House, a nonprofit resale store, raises funds for the pre-school and emergency programs of Monroe County United Ministries. This volunteer-run organization has served

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Monroe County since 1968 and is dependent on individuals sharing their time and talents. Volunteers sort and price donations, stock shelves or serve as cashiers. Shifts are 9:30 a.m.-12:30 p.m. or 12:30-3:30 p.m., Monday through Saturday. Training is provided as needed. Minimum age is 18. Please contact Jill Argenbriht at (812) 360-7049 or argenbri@gmail.com. (www.mcum.org/opportunityhouse)

Protective Order Assistance Partnership

The Protective Order Assistance Partnership is seeking a committed community volunteer to provide assistance to victims of sexual violence, intimate partner/domestic/family violence, and stalking who are seeking orders of protection from the court. Volunteers work one-on-one with patrons, help create safety plans, and provide referrals based on the unique circumstances of the survivor. This specialized position provides a unique opportunity to assist survivors of violence at a critical point in the intervention process. The Protective Order Assistance Partnership includes the Monroe County Clerk and Prosecutor's offices, Middle Way House, and I.U.'s School of Social Work and Maurer School of Law. Minimum age is 21. Please contact Sarah Hunt at (812) 349-5010 or shunt@co.monroe.in.us.

Volunteers in Tutoring Adult Learners (VITAL) Basic Literacy Tutor

The first step to becoming a VITAL literacy tutor is to attend an introductory orientation, which are held monthly. Interested volunteers are then provided with free training, and then matched with adult learners, including non-native language learners. Volunteers then provide instruction in basic to intermediate reading, writing, and math. The expected commitment is 2-3 hours/week. The office is on the second floor of the Monroe County Public Library. Minimum age is 18. Please contact Bethany Terry at (812) 349-3173 or vital@mcpl.info. (www.mcpl.info/vital)

Wheeler Center for Men - Serve a Meal

A warm meal and a smile go a long way to the men at the Wheeler Center for Men, which offers a seven-day emergency shelter and a 90-day case-managed program for men with longer term needs. The center's mission is to provide Christ-centered programs and services for the homeless and those in need. Volunteers prepare trays, hand out drinks, roll silverware, and help with clean-up for either lunch or dinner. One-time and recurring volunteers are welcome! Minimum age is 18; 8 if with an adult. Please go to wheelermission.org/meal-service-bloomington/ or contact David Jennings at (317) 469-9933 or davidjennings@wmm.org. (www.wheelermission.org)



Directory of agencies and services

This directory outlines several agencies and services available to residents of Monroe County. Additionally, many listings provide contact information for prospective volunteers. For more extensive articles about many of these agencies and services, see earlier issues of Safety-Net at <http://safety-net-newspaper.com/>. Several of the agencies and services described provide multiple forms of aid. Unless otherwise noted all services and agencies are located in Bloomington.

Addiction Counseling

Amethyst House

Address: 645 N. Walnut St.

Phone: (812) 336-3570

Web: www.amethysthouse.org

Volunteer Contact: Gina Lovell ([812]336-3570 x10; amethyst@bloomington.in.us)

About: Provides structured living environments, treatment, and recovery services for individuals with addictions. Amethyst House operates three transitional living facilities: (1) a men's 1/2 way house, (2) a women's 1/2 way house that serves women and their dependent children up to 6 years old, and (3) a men's 3/4 way house. Amethyst house also operates an outpatient treatment facility in Bloomington as well as Evansville.

Centerstone of Indiana, Inc.

Address: 645 S. Rogers St.

Phone: (812) 339-1691

About: Provides services for people with behavioral and mental health challenges, such as depression, stress, panic disorders, alcohol and chemical dependencies, phobias, child behavioral disorders, grief and loss, marital and family problems, and severe and persistent emotional disorders. Services provided include psychiatry, 24-hour emergency services, and vocational and residential services. Centerstone hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Appointments must be made for services in the evening and weekend.

Alcoholics Anonymous

Address: Hours and locations vary.

Phone: (812) 334-8191

Web: www.alcoholics-anonymous.org

About: Provides support for those wanting to stop alcohol consumption.

Adult Education

MCCSC Adult Education

Address: Broadview Learning Center, 705 W. Coolidge Drive

Phone: (812) 330-7731

Web: www.adult.mccsc.edu

Volunteer Contact: Melanie Hunter (330-7731 x 52137; mhunter@mccsc.edu)

About: The Monroe County Community School Corporation's Adult Education program offers free, individualized instruction and guidance to teen and adult learners who need to get their GED diploma, want to improve basic job and literacy skills or learn new ones, are trying to learn English as a Second Language, or who aspire to create better opportunities for themselves and their families. There are also low-cost beginning computer classes for people age 55 and over. Classes start again August 16. Orientation for new students is Monday August 22; check for times. Located on Coolidge between Rogers St. & Rockport Rd., on the #2 South BT route.

AIDS/HIV Services

Bloomington Hospital Positive Link

Address: 333 E. Miller Dr.

Phone: (812) 353-9150

Web: www.bloomingtonhospital.org

About: HIV testing and extensive care coordination for those living with HIV/AIDS. Serve as a community resource regarding HIV/AIDS education and awareness. Also offer Hepatitis B, Hepatitis C and Syphilis testing.

Clothing, furniture, housewares

Monroe County United Ministries

Address: 827 W. 14 Ct.

Phone: (812) 339-3429

Volunteer Contact: Rebecca Gordan ([812] 353-9150; mcumhelp@bloomington.in.us)

About: Provides a subsidized Child-Care Program for low-income families in Monroe County, which includes a year-round program for children two to six years old, and a summer camp subsidized child-care for children ages six to ten, when school is out of session. All care-givers in the families either

work full time or attend school part-time and work part-time. There is also an Emergency Services Program that assists families who are experiencing a short-term crisis. The Emergency Services Program includes a food pantry, a clothing program, and financial assistance for rent or utility payments.

My Sister's Closet of Monroe County, Inc.

See Employment resources and job counseling.

Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Volunteer Contact: Monica Clemons ([812] 336-4310 x100; monica_clemons@usc.salvationarmy.org)

About: Provides a variety of services, including: food pantry, food vouchers, seasonal assistance, clothing and clothing vouchers, appliances, household items, hygiene items, rent/mortgage assistance, utility assistance, medical assistance, disaster relief, after school programs, summer residential camps, adult programs, nursing home visitation, bus tickets, a place of worship, and a thrift store.

St. Vincent de Paul Society

Address: 4607 West State Road 46

Phone: (812) 961-1510

Web: www.bloomingtonsvdp.org

Volunteer Contact: Scott Alber, ([812]335-1280 volunteer@bloomingtonsvdp.org)

About: A Catholic led ecumenical society of volunteers dedicated to helping those in need. Assistance is offered in the form of community resource information, vouchers for furniture, and in some cases limited financial help with a utility bill, rent, rent deposit or other essential need. Almost all funding comes through donations and assistance is given without regard to religion, race or creed. Volunteer opportunities abound.

See "DIRECTORY", page 9

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Disabilities assistance programs

LifeDesigns, Inc.

Address: 200 East Winslow Rd.

Phone: (812) 332-9615

Web: www.lifedesignsinc.org

Volunteer Contact: Cindy Fleetwood

About: LifeDesigns, Inc. offers comprehensive services for people with disabilities in south central Indiana including education, housing and employment assistance. We offer services for every stage of life from childhood through adulthood. Our mission to partner with people with disabilities and the community to bring about self-directed and enriched lives through education, information and support. LifeDesigns is a grassroots organization formed by the merger of two well-known agencies, Christole and Options, who have provided leading-edge programs for over three decades.

People & Animal Learning Services (PALS)

Facility Address: 7644 W Elwren Rd,
Bloomington,

Mailing Address: P.O. Box 1033, Bloomington,
IN 47402

Phone: 812-336-2798

Web: www.palstherapy.org

Volunteer Contact: Jennylynn Vidas, (812-336-2798 ext. 15, jennylynn@palstherapy.org)

About: PALS provides therapeutic Equine Assisted Activities (EAA) to individuals with disabilities, veterans and at-risk youth in South Central Indiana. PALS programs are designed by professionals and aim to develop and restore functional skills, enhance well-being and improve quality of life. Services are available to individuals ages three and up. PALS is a Professional Association of Therapeutic Horsemanship International (PATH Intl) Premier-Accredited Center and United Way of Monroe County Member Agency.

Stone Belt

Address: 2815 E. 10 St.

Phone: (812) 332-2168

Web: www.stonebelt.org

Volunteer Contact: Amy Jackson (332-2168 x314; ajackson@stonebelt.org)

About: A community-based organization with over 48 years of experience in serving persons with developmental disabilities. Supports include residential, employment, life skills training and psychological services. With locations in Monroe, Lawrence, Owen, Bartholomew and surrounding counties, Stone Belt's mission is to prepare, empower, and support persons with developmental disabilities and their families to participate fully in the life of the community.

Employment resources and job counseling

My Sister's Closet of Monroe County, Inc.

Address: 414 S. College Ave.

Web: www.SistersCloset.org

Volunteer Contact: Julie Tobin, (812) 333-7710; Info@SistersCloset.org

About: Provides women facing issues of poverty, homelessness and domestic violence—who are looking for employment, with free interview and/or workforce attire, interview skills training & coaching through job mentors, image consulting, and life skills training through workshops with the Success Institute. All services assist women to overcome the hurdles they face on the road to independence & family self-sufficiency. All new and gently-used Clothing & Accessories, Undergarments, New Make-up, and Personal Hygiene items are provided free to those with vouchers from referral agencies, and for sale to the general public.

WorkOne

Address: 450 Landmark Ave.

Phone: (812) 331-6000

About: Assists individuals and businesses in meeting their employment and training needs. WorkOne provides employment services, job counseling and assessment services, training services through WIA, older worker services through Experience Works, vocational rehabilitation services through Indiana Vocational Rehabilitation, veteran services and unemployment insurance benefits.

Stone Belt

See disabilities assistance programs.

Job Links

About: An Area 10 Agency on Aging RSVP program that helps people evaluate job needs, inventory skills, review available jobs, develop a resume, prepare for an interview, and link with potential employers. Services are free, confidential, and non-discriminatory for job-seekers of all ages. Job Links counselors are available at Shalom Center (334-5728), and Area 10 Agency on Aging (876-3383).

Family Services

El Centro Comunal Latino

Address: 303 E Kirkwood Avenue, Room 11

Phone: (812) 355-7513

Web: www.elcentrocomunal.org

About: CCL is a grassroots, community-based organization that seeks to provide an accessible and safe space for all Latinos, with a focus on Spanish-speaking people, to find information, access to resources and a place to hold community events. CCL's work includes tutoring services for all ages, the medical interpretation network, direct service, Volunteer Income Tax Assistance program, the Legal Advice Project, Informate—series of educational presentations, health programming, and the Bienvenidos program; a support group that

helps immigrants acculturate to life in the United States.

Head Start Program

Address: 1520 W. 15th St.

Phone: (812) 334-8350

Web: www.headstart.bloomington.in.us/

About: Guides children aged 3 to kindergarten towards gaining cognitive skills, patience, sharing, problem solving, hygiene, safety, and practice in good decision making. Free to income eligible.

IN Dept. of Child Services

Address: 1717 W. 3rd St.

Phone: (812) 336-6351

About: Services are designed to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. To make a report of child abuse or neglect the public can call 1-800-800-5556.

Division of Family Resources

Address: 1711 N. College Ave.

Phone: 1-(800)-403-0864

About: Provides aid to families with dependent children (Temporary Assistance for Needy Families, TANF), food stamps, Medicaid.

Programas de Alcance a Latinos Latino Programs and Outreach Division

Address: 401 N. Morton St. Suite 260,
Bloomington, IN 47402

Phone: (812) 349-3430

Web: https://bloomington.in.gov/

Contact: Araceli Gómez-Aldana, latinoprograms@bloomington.in.gov

Acercar: El Departamento de Recursos Comunitarios y Familiares de la Ciudad de Bloomington ha enfocado sus esfuerzos para alcanzar a la comunidad Hispana ofreciendo una gran variedad de programas. Eventos culturales, educación cívica, servicios directos y traducciones, El programa de radio Hola Bloomington en WFHB y la publicación Del Boletín Comunitario.

About: The City of Bloomington's Community and Family Resources Department has focused its outreach efforts on the Hispanic and Latino community by offering a variety of programs. Cultural events, civic education, direct service and translations, The Hola Bloomington Radio Show on WFHB and The Boletín Comunitario.

Monroe County United Ministries (MCUM)

Address: 827 W. 14th Court

Phone: (812) 339-3429

Web: www.mcum.org

Hours: 6:30am-5:30pm

About: Full-time care for children ages 2-6 on a sliding fee scale, parents must be employed or attending school, NAEYC-accredited center

WIC Program

Address: 333 East Miller Drive

Phone: (812) 353-3221

About: Provides nutritional support for underprivileged mothers, babies and children up to five years of age in Monroe and Greene Counties. Applicants must meet income guidelines, live in

Indiana, and have a nutritional need. All services are provided free of charge.

Food stamps

Division of Family Resources

See family services.

Health care

Futures Family Health Clinic

Address: 119 W. 7th St.

Phone: (812) 349-7343

About: provides family planning health services for adolescents, men, and women. Services are provided on a sliding fee schedule based on income. Services offered include annual exam

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Local Health Care Enrollment Assistance

All U.S. residents are required by law to have health insurance. If you are uninsured, there are coverage options that meet your needs and fit your budget:

- Affordable Care Act "Health Insurance Marketplace"
- Healthy Indiana Plan (HIP 2.0)
- Medicaid
- Children's Health Insurance Program (Hoosier Healthwise)

There are several free local resources that can guide you through the process, explain coverage options, answer questions, and help you enroll. Indiana Navigators provide free unbiased assistance and can work with you one-on-one to enroll in health care plans.

ASPIN Health Navigators:

Call (877) 313-7215 for Navigator assistance.

City of Bloomington:

Call (812) 349-3851 for enrollment assistance. Para Español, (812) 349-3860 o latinoprograms@bloomington.in.gov

Individual Solutions-IU Health:

Call 1-888-531-3004 to make an appointment to see a certified Navigator, or visit iuhealth.org/individual-solutions

Monroe County Health Department:

Call Scott Stowers at (812) 349-2075 or e-mail sstowers@co.monroe.in.us

SCCAP Health Coverage Assistance

Program:
Call (812) 339-3447 for Navigator assistance.

Visit www.in.gov/healthcarereform to find a certified Navigator.

Call 211 (available 24/7 free of charge) or visit www.in211.org/healthcare-project to learn how to apply, try a health insurance cost calculator, and get more local information.

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and Pap smear, pregnancy testing, STD and HIV testing, birth control counseling, emergency contraception, health education, birth control pills, birth control shots, IUD (intrauterine device), and condoms.

Bloomington Hospital Home Health & Hospice

Address: 619 W 1st St.

Phone: (812) 353-9818

Web: www.bloomingtonhospital.org

Volunteer Contact: Melanie Miller (812-353-9818; mmiller@bloomhealth.org)

About: Provides care and support for people who are terminally ill and their families. Training classes for new volunteers are offered twice a year.

Monroe County Public Health Clinic

Address: 333 East Miller Drive

Phone: (812) 353-3244

About: Services provided include screenings for hypertension, hyperlipidemia, elevated blood sugar, anemia, elevated lead, tuberculosis, head lice and pregnancy; health and wellness assessments; communicable disease education. Call for appointment.

Planned Parenthood

Address: 421 S. College Ave.

Phone: (812) 336-0219

Web: www.ppin.org

About: Services provided include pelvic exams, breast exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, pregnancy tests, various types of birth control, emergency contraception (the “morning after pill”), as well as abortion services.

Vistacare Hospice

Address: 1801 Liberty Dr., Ste. 103

Phone: (812) 330-9640

Web: www.vistacare.com

Volunteer Contact: Cathi Counterman ([812] 340-3467; cathi.counterman@vistacare.com)

About: Provides caregiver relief and companionship for terminally ill patients and bereavement support for family members.

Volunteers in Medicine Clinic

Address: 811 West 2nd Street

Phone: (812) 333-4001

Web: www.vimmonroecounty.org

Volunteer Contact: Shelley Sallee ([812]333-4001 x109; info@vimmonroecounty.org)

About: Provides free medical care, including dental care at the offices of participating dentists, for people living in Monroe or Owen County who lack health insurance and have an income at or below 200% of the federal poverty level. This means that the income must not exceed \$20,420 for a 1-person household. For each additional person, add \$6,960. To qualify for medical care individuals must fill out an eligibility form about their economic situation and set up an eligibility

interview. Children or adults who qualify for health care at the clinic will receive free care at Southern Indiana Pediatrics.

Housing (abused women)

Middle Way House

Address: 338 S. Washington St.

Phone: (812) 333-7404 (admin phone), (812) 336-0846 (crisis line)

Web: www.middlewayhouse.org

About: Middle Way House is an emergency shelter that provides services to protect and help women who are victims of domestic violence and sexual assault, and women who feel they are in danger. Services include a safe place to stay, case management, in-house children’s programs, legal advocacy. There is also a transitional housing program called The Rise which has self-contained apartments for families leaving abusive relationships. Women and their children can stay at The Rise for up to two years.

Housing (emergency, for adults)

Agape House, Shelter For Women And Their Children (part of Backstreet Missions)

Web: www.backstreet.org

Phone: (812) 333-1905.

Address: 300 Opportunity Lane, off W. 3rd Street.

Backstreet Missions

Address: 215 Westplex Ave.

Phone: (812) 333-1905

Web: www.backstreet.org

About: A men’s shelter with services including a crisis and 12 month housing program, meals, the provision of clothing, ministry to spiritual needs, job and life skill training, GED classes, and employment and volunteer opportunities.

Martha’s House

Address: 919 S. Rogers (Shelter)

Phone: (812) 332-1444

Web: marthashouseofbloomington.org

About: An emergency shelter with 40 beds (18 for men and 12 for women). Services provided include case management, food, and clothing. Opens at 6:15 p.m.

Housing (Family Shelter)

New Hope Family Shelter

Phone: (812) 334-9840

E-mail: newhope@nhfsinc.org

About: The mission of the New Hope Family Shelter (NHFS) is to provide temporary shelter for homeless families in Bloomington and Monroe County and, in collaboration with other agencies, to help those families regain housing by addressing the problems that led to homelessness.

Housing (Intact Families/Adults)

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We offer short-term, home-based hospitality to people facing homelessness.

Housing (Pregnant women)

Hannah House Maternity Home

Address: 808 N. College Ave.

Phone: (812) 334-2662

Web: www.cpcbloomington.org

About: A comprehensive residential program for pregnant women and teenagers. Offers access to prenatal and pediatric care. Also offers life skills training and assistance in achieving longer-term educational and career goals.

Housing (Rental)

Bloomington Housing Authority

Address: 1007 N. Summit St.

Phone: (812) 339-3491

About: Subsidized housing, Section 8, Public Housing. Cost varies to income eligible.

Housing and Neighborhood Development

Address: 401 N. Morton Street, Ste. 130

Phone: (812) 349-3420

Web: www.bloomington.in.gov/hand

About: Creates affordable housing opportunities in the City of Bloomington by working through its partnerships with local non-profit and for-profit developers and through its in-house housing programs. HAND provides housing counseling to individuals with housing needs or difficulties and provides a variety of learning opportunities for the community on housing related issues. In addition, HAND enforces the Property Maintenance Code and the City’s weed and trash ordinances.

Housing (homeless youth)

Stepping Stones

Address: PO Box 1366

Phone: (812) 339-9771

Web: www.stepsstones-inc.org

About: Transitional housing program and supportive service for homeless young people aged 16-20.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Provides short-term residential care and crisis intervention for youth ages 8-17. Provides other services as well.

Legal and court-related services

Community Justice & Mediation Center

Address: 120 W. 7th St., Ste. 310

Phone: (812) 339-1551

Web: www.bloomington.in.us/~mediate

Volunteer Contact: Amanda Nickey ([812] 336-8677; vorpcm@bloomington.in.us)

About: Programs include the Victim-Offender Reconciliation Program, Shoplifter’s Alternative Program, Workshops, Trainings, and Community Mediation Services for neighborhood, school, family or business conflicts.

District 10 Pro Bono Project

Address: P.O. Box 8382

Bloomington, IN 47407

Phone: (812)-339-3610

About: Purpose is to match income eligible clients with an attorney who will take their case for free. Potential clients must apply by phone on Monday from 10 AM to 12 PM, and Thursday from 2 PM to 5 PM. Please, no walk-ins, by phone only.

Legal Services Organization of Indiana, Inc. Bloomington

Address: 214 S. College Ave.

Phone: (812) 339-7668

About: Cannot help people in criminal cases. Helps people in civil cases, including: Housing (eviction, foreclosure, landlord/tenant); Public Benefits (food stamps, SSI, unemployment, poor relief, Temporary Assistance for Needy Families (TANF); Health (Medicaid, Medicare); Divorce or child custody where there is child abuse or spouse abuse; Child In Need of Services (CHINS); Consumer (collections and repossessions); Education (including expulsion and access to special education services and Vocational Rehabilitation); Access to Justice (e.g. denial of a court-appointed attorney in certain civil cases).

Monroe County Court Appointed Special Advocates

Address: 201 N. Morton Street

Phone: (812) 333-2272

Web: www.monroecountycasa.org

Volunteer Contact: Kelli Shannon ([812] 333-2272, ext. 11; kelli.shannon@monroecountycasa.org)

About: Provides direct advocacy for child victims of physical abuse, sexual abuse and neglect. Volunteer advocates represent children in the court process to protect the child’s best interests.

Monroe County Prosecutor—Victim Assistance Program

Address: 301 N. College Ave., Rm. 211

Phone: (812) 349-2670

Web: www.co.monroe.in.us

Volunteer Contact: Sarah Lanman ([812]349-2670; slanman@co.monroe.in.us)

About: Helps to ease the trauma victim’s burden by explaining the criminal justice process, accompanying victims to court, updating them on current cases and obtaining restitution.

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Meals and pantries (no cost)

Meals

Area 10 Agency on Aging

Address: 631 West Edgewood Drive, Ellettsville, IN 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Area 10 Agency on Aging offers 5 main nutrition and food services for senior citizens.

Congregate Meals—We offer congregated meals at the following times and locations: Maple Shades Apts., Ellettsville, 10:30 am; Cambridge Square Apts., Bloomington, 11 am; Spencer Senior Center, 11:30 am; Unionville Senior Center, 11:30 am. Seniors must be 60+ and can complete a brief application at the meal site of their choosing. A \$2 donation is requested.

Mobile Meals—We deliver meals to homebound seniors who are 60+ and who are unable to prepare meals for themselves due to illness or disability. An application to determine eligibility is required and a \$2 donation is requested. Contact Area 10 at (812) 876-3383 for more information.

Food Pantry—We provide homebound seniors with two bags of groceries and frozen food each month. Seniors must be 60+ and meet eligibility requirements. Call Area 10 at (812) 876-3383 to request an application.

Restaurant Vouchers—We provide restaurant vouchers to seniors 60+ to be used at the Village Inn in Ellettsville or the Stinesville Mercantile in Stinesville. A \$2 donation is requested. A brief application is required and vouchers can be picked up at Area 10 or the Stinesville Mercantile.

Farmers Market Vouchers—We distribute farmers market vouchers to seniors 60+ for use at the Bloomington Farmers Market or Spencer Farmers Market. Seniors must complete an application and meet income guidelines. Contact Area 10 at (812) 876-3383

Backstreet Missions (Gino's Cafeteria)

Monday–Friday: Lunch: 11–12 p.m.; Dinner: 4–5 p.m.

Saturday: Breakfast 8-9:30 a.m.; Lunch 11-12 p.m.

Bloomington Meals on Wheels, Inc.

Address: 727 W. 1st Street

Phone: (812) 323-4982

Web: www.bloomingtonmealsonwheels.org

About: Provides meals to homebound people who are unable to cook for themselves. No age or economic restrictions. To enroll, call number listed. A volunteer will arrange for meal delivery and special dietary needs, explain the costs and how payments can be made.

Bloomington Catholic Worker

Address: 821 North Blair Avenue, Bloomington, Indiana 47404

Phone: (812) 339-4456

About: We share a home-based dinner every night of the week at 6:00 on the southside to which all are welcome. Thursday nights have the largest feast. Please call so we can direct you to the correct house.

City Church Food Outreach

Address: 1200 N Russell Rd. Bloomington IN 47404

Phone: 812-336-5958

Web: citychurchfamily.org

Email: info@citychurchfamily.org

About: City's Food Outreach brings the mission of LOVE people, BUILD family, LEAD to destiny to life. Currently the Food Outreach gives groceries to families every month following the 3rd Saturday of the month service. Saturday service starts at 5:30 and tickets are distributed discreetly during service. December 20th, January 17th, February 21st, March 21st

Community Kitchen

Address: 1515 S. Rogers St.

Phone: (812) 332-0999

Web: www.monroecommunitykitchen.com

Volunteer Contact: Annie Brookshire ([812] 332-0999; volunteer@monroecommunitykitchen.com)

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot meals in a sit-down area as well as cold carry-out boxed meals. Also provides meals for afterschool programs at Boys and Girls Club, The Rise, Girls, Inc., Monroe County Community Corrections JAMS Program, Teen Learning Center, and Rhino's Youth Center.

Community Kitchen Express

Address: 1100 W. 11th St.

Monday-Saturday: Dinner: 4-6 p.m.

About: Provides hot and cold meals as carry-out only. See Community Kitchen listing (above) for phone and volunteer information.

First Christian Church

Address: Corner of Kirkwood Ave. and Washington St.

Sunday: Breakfast: 8-9:30 a.m.

First Presbyterian Church

Address: Corner of Lincoln and 7th Streets

Saturday: Breakfast: 7:30-9:00 a.m.

Harvest House Soup Kitchen

Address: 1107 S. Fairview Dr.

Phone: (812) 339-4462

Sunday: Lunch: 2-4 p.m.

Shalom Community Center

Address: 620 South Walnut Street

Phone: (812) 334-5728

Web: www.shalomcommunitycenter.org

Monday-Friday: Breakfast: 8-9:30 a.m.; Lunch: 12-1:30 p.m (except Wednesday lunch, 12-1 p.m.)

About: A daytime resource center for those

experiencing homelessness and poverty. The facility is open all day and functions as a Day Shelter for guests, where they can use restroom facilities, make phone calls, and do their laundry. Guests can go there to see case workers, employment counselors, connect with visiting agencies, seek assistance through the Family Homelessness Prevention Project, store belongings, receive mail, use restroom facilities, and take a hot shower.

Pantries/Groceries

Area 10 Agency on Aging

See meals and pantries —meals

Hoosier Hills Food Bank

Address: 2333 W. Industrial Park Drive

Phone: (812) 334-8374

Web: www.hhfoodbank.org

Volunteer Contact: Kai Westerfield (334-8374; volunteer@hhfoodbank.org)

About: Collects, stores and distributes donated food to 84 nonprofit organizations with feeding programs that directly serve needy and hungry people. Distributes about 2 million pounds of food to hungry people each year.

MCUM Emergency Food Pantry

Address: 827 W. 14th Ct.

Phone: (812) 339-3429

Web: www.mcum.org

Hours: Monday-Friday 8-11:30 a.m.; 1-3:15 p.m.

About: Distributes non-perishable food, three days' supply provided. Must be Monroe County resident and complete a brief intake form.

Mother Hubbard's Cupboard

Address: 1100 Allen Street

Phone: (812) 355-6843

Web: www.mhcfoodpantry.org

Hours: Monday-Friday 12-6 p.m.

About: Provides nutritious food to people in need. Most of the food is received from the Hoosier Hills Food Bank. Also operates a Nutrition Education Program and an organic Community Gardening Program.

Salvation Army

Address: 111 N. Rogers St.

Phone: (812) 336-4310

Hours: Tues, Thurs 1-3:30 and Wed, Fri 9-11:30

About: Need ID. Depending upon income and resources, can offer one week's supply of groceries. Will not provide again for at least 30 days.

SLO FoodS garden pantry

About: The program emphasizes locally grown produce and dispenses food to those in need on a weekly basis.

When: Wednesdays from 1:00–3:00 pm

Where: 615 N. Fairview Street (Trained Eye Arts Center) (on the B-Line Trail just south of 11th St. underpass)

Volunteer Contact: Mylo Roze, Director—Eco Media Center Coordinator—SLO FoodS garden

pantry

Web: <http://ecomediacenter.org>
greenthcity@yahoo.com

First United Methodist Church

Address: 219 E. 4th Street

Hours: Wednesdays, 3:00-5:30 p.m.

About: Provides brown bag lunch, groceries.

Township Trustees Food Pantries—Bloomington

Address: 2111 W. Vernal Pike

Phone: (812) 336-4976

Hours: Monday–Friday 8 a.m.–4 p.m.

About: Provides canned goods. Must be a resident of Bloomington Township.

Township Trustees Food Pantries—Perry

Address: 1010 S. Walnut St.

Phone: (812) 336-3713

Hours: Monday–Friday 9 a.m.–3 p.m.

About: Provides canned goods. Must be a resident of Perry Township.

Medicaid

Division of Family Resources

About: Medicaid is a federal and state funded medical assistance program that pays for approved and needed medical care for persons who meet eligibility requirements. For more information on the Division of Family Resources see the family services listing.

Older citizen programs

Area 10 Agency on Aging

Address: 631 W. Edgewood Drive, Ellettsville, Indiana 47429

Phone: (812) 876-3383

Web: www.area10agency.org

About: Offers programs and services, as well as being a resource of information about services for older and disabled citizens living in Monroe and Owen counties. Services that can be accessed include the Aging and Disability Resource Center, 2-1-1 Infolink, in-home health-related services and referrals, home-delivered meals, food pantry, congregated meal sites, support groups, education for family caregivers, affordable housing, assistance for the homebound, handyman services, a long-term-care ombudsman program for residents of area nursing homes, RSVP 55+ Volunteer Program, recreational and arts programs at Area 10's Endwright Center in Ellettsville, and Rural Transit bus service.

Pregnancy testing, counseling, education

Planned Parenthood

See health care.

WIC Program

See family services.

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Rent, utility, bill assistance

First call the Township Trustee in the Monroe County Township in which you live: Bean Blossom (876-5109), Benton (339-6593), Bloomington (336-4976), Clear Creek (824-7225), Indian Creek (824-4981), Perry (336-3713) Polk (837-9446), Richland (876-2509), Salt Creek (332-9777), Van Buren (825-4490), Washington (331-0809).

Youth programs

Big Brothers Big Sisters

Address: 807 N. College Avenue

Phone: (812) 334-2828

Web: www.bigsindiana.org

Volunteer Contact: Mark Volland, mvolland@bigsindiana.org, 812-334-2828, ext. 227.

About: Big Brothers Big Sisters of South Central Indiana helps children in Monroe and Owen counties reach their potential through professionally supported, one to one relationships with measurable impact.

Bloomington Boys and Girls Club

Address: 311 S. Lincoln St.

Phone: (812) 332-5311

Web: www.bgcbloomington.org

About: A guidance organization which fosters the physical, intellectual and social growth of boys and girls ages 6-18 with a special concern for those most in need of service.

Girls Inc.

Address: 1108 W. 8th St.

Phone: (812) 336-7313

Web: www.girlsinc-monroe.org

Volunteer Contact: Lucy Berger, Director of Operations ([812] 336-7313; lberger@monroe.girls-inc.org)

About: Girls Inc. of Monroe County, is an affiliate of a national youth organization dedicated to inspiring girls to be strong, smart, and bold through after school programming, organized sports, and summer/winter camps. Provides programming for girls ages 6 to 18. Services include transportation, organized sports, a teen room, technology, self-defense and homework help.

Harmony School

Address: 909 E. 2nd St.

Phone: (812) 334-8349

Web: www.harmonyschool.org

Volunteer Contact: Libby Gwynn ([812] 334-8349; libby@harmonyschool.org)

About: An independent pre-Kindergarten through 12th grade school providing education to youth ages 3 to 18 from a wide range of economic and educational backgrounds.

Rhino's Youth Center

Address: 331 S. Walnut St.

Phone: (812) 333-3430

Web: www.rhinosyouthcenter.org

Volunteer Contact: Brad Wilhelm ([812] 333-3430; rhinosdirector@ameritech.net)

About: Provides entertainment as well as other programs for the youth of our community in an alcohol, tobacco, and drug free environment. In addition to music and shows, provides programs in partnership with the City of Bloomington Parks and Recreation Department through the week after school. Several creative and practical classes and workshops, as well as mentoring, tutoring, counseling, and more, are available.

WonderLab Museum of Science, Health and Technology

Address: 308 W. 4th St.

Phone: (812) 337-1337

Web: www.wonderlab.org

Volunteer Program: (812) 337-1337 ext. 20 or volunteer@wonderlab.org

About: WonderLab is an award-winning science museum with hands-on exhibits and programs for children and their families. WonderLab offers a free Teen Night monthly during the school year. WonderLab also participates in the Access Pass Program, which provides reduced admission of \$1 per family member per visit for eligible families. The museum also offers many half-price admission events. Volunteering is a natural next step for teens. Those entering grade 7 are eligible to become volunteers at the museum. Additionally, high school students are eligible to apply for summer internships at WonderCamp, the museum's summer science day camp.

Youth Services Bureau

Address: 615 S. Adams St.

Phone: (812) 349-2506

Web: www.youthservicesbureau.net

About: Alongside youth shelter (see housing [youth]), provides counseling, education, supervised recreation, and transportation to and from school, as well as referrals to a variety of agencies for other needed services.

Additional services

Catholic Charities-Bloomington

Address: 631 North College Avenue

Phone: (812) 332-1262

Web: www.CatholicCharitiesBtown.org

About: Provides education, social service delivery, and advocacy. Takes special interest in poor, disabled, and otherwise disadvantaged persons. Serves residences of Brown, Lawrence, Morgan, Monroe, Orange and Owen counties, especially through mental health services. Provides individual, family, couples and group counseling to the English- and Spanish-speaking clients.

City of Bloomington Volunteer Network

Address: 401 N. Morton St. Suite 260

Phone: 812-349-3433

Web: www.bloomington.in.gov/volunteer

About: The Volunteer Network, which has over

200 local partner nonprofit and governmental organizations, is your one-stop source for volunteer information in Bloomington and Monroe County. Member organizations post their volunteer needs on the Network's online database so potential volunteers can see what community needs they can meet. The Volunteer Network also offers training in volunteer management to new volunteer coordinators and training in nonprofit board service to new and continuing board members. The Network partners with the Martin Luther King Birthday Celebration Commission in the organization of the 'A Day On, Not a Day Off' day of service, in which thousands of Bloomingtonians participate. In addition, the Network matches the material needs of local nonprofit organizations with community members and businesses who can meet those needs through our partnership with the Herald-Times on the Community Wish List.

Habitat for Humanity of Monroe County

Address: 213 E. Kirkwood Avenue

Phone: (812) 331-4069

Web: www.monroecountyhabitat.org

About: Habitat for Humanity helps families and volunteers to build homes for those living in inadequate housing. The homes are for families who have an income but do not have the funds to secure a bank loan. The money to build the homes comes from contributions from local churches, citizens, businesses, and other sponsors. Families pay back a zero interest mortgage over 15-25 years. That money goes into a fund which helps to pay for more houses.

Monroe County Safe Kids Chapter

Phone: (812) 353-5437

About: Certified Child Passenger Safety technicians will help you install your child's car seat and answer questions regarding general vehicle safety. If you need financial help with the purchase of a seat, let us know. All services are by appointment only.

Midwest Pages to Prisoners Project

Address: 310A S. Washington St.

Phone: (812) 339-8710

Web: www.pagestoprisoners.org

Volunteer Contact: Tess Hannah (339-8710; midwestpagestoprisoners@yahoo.com)

About: Provides free reading material to inmates upon request. Encourages self-education among prisoners in the United States.

Monroe County Public Library

Address: 303 E. Kirkwood Ave.

Phone: (812) 349-3050

Web: www.mcpl.info

About: Offers free books, magazines, music CDs, and movies to check out; public Internet computers; downloadable audiobooks and ebooks; and free programs for all ages. It serves the county through facilities in Bloomington and Ellettsville, the Bookmobile, the Outreach Van, and Homebound service. Library cards are available at no charge to all county residents. The VITAL literacy program offers one-on-one confidential tutoring to adult learners and ESL conversation

groups. During the school year, the library offers homework help to elementary students and math and reading/writing homework help to teens. During income tax season, volunteers offer free tax help. The library also has public meeting rooms for use by nonprofit groups. Anyone in the community can produce a program through Community Access TV (CATS) for the Public Access Channel.

Monroe County Wrap-Around

Address: 645 S. Rogers St.

Phone: (812) 337-2225

About: Monroe County Wrap-Around is a multi-agency committee that provides needed services to families with children. For example, a case is brought to a particular agency, then a representative from that agency can present the case to Wrap-Around and all participating Wrap-Around agencies can play a role in coordinating help to the family in the most effective way. The planning process is done with the families "in the driver's seat". Each family identifies a "team" that works with them, and the team develops a plan based upon the strengths and needs of the specific family. Representatives from families also serve on committees that examine the policies and goals of Wrap-Around. This summer, the Lost Child Fund, which operates within Wrap-Around, is accepting funds to send children of working single parents to camp.

New Leaf-New Life, Inc.

Address: 1010 S. Walnut St., Suite F

Phone: (812) 355-6842

Email: newleaf1010@gmail.com

Web: www.newleaf-newlife.org

About: New Leaf-New Life runs therapeutic programs in the Monroe County jail, and provides products and services to ex-offenders at our office at 1010 South Walnut, Suite F. Services offered include: assistance in obtaining a birth certificate or social security card, employment help, support groups, family support, community referrals, clothing, bus tickets, hygiene products, and funding for GED testing. Volunteer opportunities can include: mentoring, transition services, office work, family outreach, and programming in the Jail. Check our Facebook page for news and updates.

Reach High Consulting & Therapy LLC.

Autism ABA and Diagnostic Clinic

Address: 2101 W Tapp Rd. Bloomington IN 47403

Website: reachhighconsulting.org

Phone: 812-330-4460

Fax: 812-330-4461

Email: aba@reachhighconsulting.org

About RHC: Reach High is Bloomington's first ABA clinic. Reach High was birthed out of a growing need in the City of Bloomington. Providing Applied Behavior Analysis (ABA) has meant families and clients are equipped with the tools to reach their maximum potential. Reach High strives to have clients in multiple environments within the community, this allows for skill sets to be strengthened and become more natural overtime.