



South Central Community Action Program

**SCCAP**

Empowering people to reach their potential

# Safety~Net

June-August 2019

## 'Here comes Jean:'

### Bloomington resident brings unexpected community together

By Christine Stephenson • Alzheimer Resource Service (ARS) a service of Indiana University Health 333 E. Miller DR. Bloomington, IN 47403.

First, she would go to Needmore Coffee Roasters. Then Chili's. Then back to Needmore. And to St. Mark's United Methodist Church on Sundays.

Norma Jean Madden, a Bloomington resident with dementia, made this routine for herself. But it was more than a routine for her, and it was certainly more than a routine for those who helped her along the way.



Norma Jean Madden.  
(Courtesy photo)

"Jean connected us all," Needmore owner Katie Mysliwicz said. "She made a community wherever she went."

Madden died March 22. She was 88.

Less than a year ago, she moved to Bloomington to be closer to her son because she was becoming less capable of living on her own. Yet she was nothing if not independent, Mysliwicz said.

Madden started gradually, dropping by Needmore once a week or so. But within a few weeks, Mysliwicz and her coworkers could expect to see the petite old woman rolling up in her giant Cadillac - and when the Cadillac broke, the bus - every morning.

"There was no missing her," Mysliwicz said. "Everyone would look out the window and be like, 'Oh, here comes Jean.'"

When Madden entered the shop off of North Pete Ellis Drive, she would heave a sigh of relief and then jump into her work: talking to as many customers as she could.

Some, such as Mysliwicz, knew her well. Some had only met her once or twice. Some were strangers just trying to enjoy their coffee.

But Madden didn't care - she had to talk to them all.

She would tell stories of how her father was an inventor who would fly them down to St. Petersburg, Florida, for a few hours at a time. She would reminisce

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## Alzheimer's: a Journey *By Dick Morrison*

Alzheimer Resource Service (ARS) a service of Indiana University Health 333 E. Miller DR. Bloomington, IN 47403.

It's tough. Challenging. Beyond difficult for both the caregiver and their loved one who is diagnosed with the disease. There is no cure for Alzheimer's (yet). It's irreversible (for now). At the time of diagnosis, the Alzheimer's train has begun its long and relentless journey.

I write as a caregiver for my spouse of 60 years. I had a lot to learn. I had to learn not to argue, not to say the wrong thing to frustrate my spouse who still had feelings. Personality changes that come with the progression of Alzheimer's are hard to understand and even harder to accept. You think to yourself that this is not the person I married and have lived with for so many years. But it is not the person who is willingly different. It's the disease taking over.

Alzheimer's most often occurs late in a long-term relationship. You spend years without needing to direct the behavior of your spouse (parent, sibling, friend). You now find yourself having to think for two. That's easier said than done. You expect your loved one living with the disease to know where you are going, how to fix a meal, pay the bills, drive, but the ability to do these daily activities diminishes as the disease progresses and cognition declines.

Of great importance is dealing with long-term solutions, and learning about the many opportunities for medical, home health, and facilities care.

Long-term insurance should be investigated (before the need arises!).

Joining a caregiver support group is extremely beneficial. Here you can

express yourself honestly and openly about what you're experiencing, in a confidential setting with others who are taking the same journey. It's a stress reliever and a place where compassion and empathy reign.

It's a daily challenge to make life pleasant and manageable for my spouse, while also taking care of me. That's probably the most important lesson to learn: to care for the caregiver, or both of you will be adversely affected.

The love, kindness, and emotional support of family and friends is essential. Learning to accept help is critical. You will need it on the long road ahead with an Alzheimer's diagnosis.

The last bit of advice: take it one day at a time. Every day is a gift.

## OUR GUIDING PRINCIPLE

*Editorial Comment*

Our Guiding Principle is to reach out to others who are coping with practical and emotional crises, and to say, we are here as one community, interconnected with each other in a positive way. This means, among other things, providing shelter, food, medical care, opportunities to step out of poverty, peace, and mutual respect. This whole world would be a much better place for all people if everyone felt this way about our brothers and sisters. As individuals, we cannot change the world. However, we can all come together and help others in our own community. Let us show others, what we can do right here in Bloomington by reaching out to each other, and climbing that mountain together. To paraphrase Pete Seeger, We WILL Overcome.



Editorial Cartoon by Joe Lee

# THE ALZHEIMER'S RESOURCE SERVICE (ARS)

By Dayna A Thompson M.S., LMHC, PAC Trainer • Alzheimer's Educator • Alzheimer's Resource Service – Community Health • Indiana University Health Bloomington p 812-353-9299 | f 812-353-5787 • DThompson6@iuhealth.org



The Alzheimer's Resource Service (ARS) – a program of IU Health Community Health – is based in Bloomington and supports 11 counties in the South Central Region. Their mission is to support people living with dementia and their personal and professional care partners. “So often we have a negative picture of life with dementia, and to be sure, it has its challenges,” says Dayna Thompson, one of the service's two Alzheimer's Educators, “but with the right information, resources, and support, people living with dementia can live full, productive, meaningful lives, even after a diagnosis.”

The ARS does not charge for the services that it provides and feels that this is a necessary part of being able to remove barriers to important supports. They provide individual/family consultations, memory screening, support groups (for both people living with dementia and their care partners), community education, training at

the high school, college, and professional level, and Dementia Friendly Certification for local area businesses and organizations.

“Our goal is to foster a community in which people living with dementia are included, supported, and allowed to flourish. Social engagement and purpose are huge factors in well-being and maintaining cognitive health. It takes everyone to create a community that works for everyone,” says Thompson. In addition to their work with families and small groups, Thompson and her counterpart, Amanda Mosier have helped to coordinate community – based efforts to make Bloomington more “dementia friendly.” You can learn more about what “Dementia Friendly Bloomington” and its relevant subcommittees are doing at [www.dfbloomington.org](http://www.dfbloomington.org).

“My wife, Jan and I began our journey with Alzheimer's Disease about five years ago when she was first diagnosed with MCI or mild cognitive impairment. Jan's

behavior began to change as she became forgetful, paranoid and delusional,” recalls ARS client Dave Gerkenmeyer. “I was stunned and in a state of shock about these changes taking place with Jan. She was becoming a person I did not know or understand. For two years I tried to deal with these unusual behaviors but to no avail. A combination of some amazing circumstances lead us back home to Indiana where we found some amazing resources for both Jan and myself. Jan is in a much better place now and I have been given a chance to heal and recover. ARS has been a wonderful source for growth and healing and for that we are truly grateful.” To inquire about speaking with an educator or becoming more involved in local dementia friendly efforts, please contact the Alzheimer's Resource Service at 812.353.9299. You may also learn more about dementia, the ARS, and their events at [www.alzresourceindiana.org](http://www.alzresourceindiana.org).

## About *Safety~Net*

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**Joe Lee**  
Editorial Cartoonist

### AGENCY REPORTS

Each issue of *Safety~Net* has articles contributed from the many non-profit/social service agencies in the Bloomington area about programs and services that they provide, as well as volunteer opportunities.

### AGENCY GUIDE

There is an extensive Agency Guide pointing out where specific services/programs are available and how to access them.

### WE WELCOME COMMENTS AND SUGGESTIONS.

Please send these to the editor at [white@indiana.edu](mailto:white@indiana.edu). Sign your name, and indicate whether you would like for your comments to be published.

## Special Section: South Central Community Action (SCAAP) Programs

### Looking to Plant New Seeds? Thriving Connections wants YOU!

**T**hriving Connections is NOW interviewing new participants for a class that will begin in early fall. If you're interested in learning more about Thriving Connections please contact Linda Patton, Thriving Connections Coordinator, at 812-339-3447 ext. 520 or at [lindap@insccap.org](mailto:lindap@insccap.org).

Thriving Connections is a community-building group that seeks to build intentional friendships across class and race lines – in other words, bringing people together who wouldn't otherwise be friends! People living without enough resources, called Captains, choose volunteers from the community who have enough resources to be more stable, called Allies. Each Captain

is able to choose 3-4 Allies (also called a crew) to form a small group called a ship. Ships meet once a month to check in and work on goals that the Captain has set. Allies provide cheerleading, emotional support, and brainstorming for Captains along the way.

The whole community meets once a week on Thursday nights to eat together and share programming for adults and children. Programming for kids includes everything from art and music, to how to handle money, to how to choose friends or a college. Indiana University service-learners and community volunteers work closely with the kids, often on a one-on-one basis.

Before they choose Allies, potential

Captains participate in a 20 week training. The training is not like a class, it is discussion and activity based and covers topics like poverty, goal-setting, healthy relationships, and how we think about money. Each week, participants will receive a gift card for their time and participation. After successfully completing the class, Captains will meet, get to know, and eventually choose their own set of Allies that will help support them as they work towards becoming more stable.

Keisha has been a part of Thriving Connections since 2012. This is a piece she wrote for Women Writing for (a) Change about her experiences before and during her time in Thriving Connections.

Keisha's writing:

#### ***"Pulling up old roots"***

I used to be angry all the time for no reason or maybe it's because I felt like no one understands or even cares about what I go through. Maybe it's because I had my childhood snatched from me and never told anyone about it. Or maybe it's because I felt like an unwanted child and was waiting for someone, anyone, to come and save me. Maybe, just maybe I'm my own worst enemy, or maybe I'm holding onto old dead roots because I don't know how to let go of the pain and hurt that has been building and building for so many years.

How do I move on from the darkness that's in my heart and sucking the joy out of me? How do I let go of the death of my son, whom I loved with all my heart. A baby boy who should have been perfect but didn't have a strong enough heart to live in this cold cruel world. Maybe I'm mad because my baby boy left me with a broken heart. So I lashed out harder at life and became an unlikeable person and that was cool until I saw my children repeating some of the same mistakes and bad behaviors. So I decided to make some changes and moved out of Chicago and to Bloomington to plant new seeds.

#### ***Planting new seeds***

Families are found each day and my newest family is my Thriving Connections family. When I first joined Thriving Connections, I thought these white people are crazy. Like, why do they want to hug and kiss me all the time? What's wrong with crazy, touchy people? All kinds of crazy stuff just popped into my head. So, how do I accept these crazy white people who greet me each week with a tight hug and a warm smile? Once I let my guard down, I realized this is a real family, a happy family. This is a new family that has opened me up to new and great things. A family I am proud to say I am a part of and I'm looking forward to growing with, my new TC family."

Keisha's story can help you start your new story. At TC all kinds of adults and kids have fun, we all learn new things, and we enjoy each other! Call Linda then come check us out.





# Meet David White

Many of you may notice in the “About Safety Net” section that David White is the Editor-in-Chief but I am guessing that few of you know about David and all of his years of service to our community so I thought I would share a little about his contributions. David is modest and it was definitely not his idea for us to put this in this quarter’s Safety Net but I feel like it is important for you all to know the person behind this wonderful publication!

David has been active in the Bloomington and Monroe County area since moving here in the late 60’s. He is currently editor and publisher of this free community services newspaper but his involvement in volunteering for things he is passionate about dates from his move here. He has called for community action on issues of the environment, civil rights, homelessness and education. For those who lack resources, David provides what the overburdened system cannot. By his direct service, he has filled many unmet needs of social service agencies and more importantly given non-judgmental support to folks experiencing hard times. The twinkle in his eye has lightened the heart of social work staff and clients alike. His smile has made a man who is homeless know someone cares, his donations have prevented families from losing their housing. His animated personality and sense of silliness has provided free and rich entertainment for laughing children and the adults in their lives. As the need for help has increased, David has tirelessly stepped up.

David started Safety-Net in 2005 and continues to be the main organizer. Safety-Net explains how people can access helpful information about local social service agencies and shares personal success stories written by people who have benefitted from services. Safety-Net, due to David’s volunteer work as editor and publisher, is a tremendous asset to people in need in Bloomington and to nonprofit organizations and government agencies. David has also probably volunteered for most of the agencies included in Safety-Net!

He, and his wife Joan have been involved in South Central Community Action Program’s Thriving Connections from near its inception, serving on committees, raising and donating money, and most importantly, developing genuine relationships with people working their way out of poverty. For seven years, David and Joan partnered with a family who lived in poverty to support their goals as they moved towards prosperity. Over the years David has donated well over 1000 hours of his time and talent just to SCCAP.

His impact at other agencies is similarly far reaching. He sees a need, starts a grassroots movement group, and continues to volunteer and donate. It is really impossible to determine how many hundreds, even thousands of people David has affected both directly and indirectly.

He founded and served on the board of directors of New Leaf/New Life, a nonprofit organization that runs therapeutic programs for people experiencing



David White, center, is joined by his nominator Linda Patton, left, and South Central Community Action Program Executive Director Frank Peacock, right, as he is presented with the 2019 Be More Dedicated Award for a lifetime of service in the community Tuesday at the Buskirk-Chumley Theater. (Courtesy photo)

incarceration and after they are released. He helped found Puck Players Puppet Theater putting on plays for hundreds of children and adults. He also helped to found the Earth Day celebrations at IU. David was one of the original organizers of and participated many years in the Bloomington Homeward Bound Walk, and was a Big in the Big Brothers/Big Sisters Program.

Besides serving on the board of directors of New Leaf/New Life, he has served on the board of directors of the Interfaith Winter Shelter, SCCAPTC Guiding Coalition, Shalom Community Center, and probably others that I don’t know about.

He also has volunteered thousands of hours job coaching, researching, tutoring, leading programs, serving meals, spearheading political organization, educating the public and just spending time with people listening to their stories at places like the Interfaith Winter Shelter, New Leaf/New Life, Community Kitchen, Harmony School, and the Alzheimer’s unit of a local nursing home.

What an impressive list and I am sure I have left out many other personal and public acts of giving and service, all done with no expectation of payment or even thanks,

simply because he believed it was the right thing to do.

David White has literally impacted thousands of people in Monroe County in multiple areas, and he did it by intention. Quoting David: “Before I retired from the university, I decided that the people’s voices should be heard, including agencies that helped them”, which was one reason he started Safety-Net. David has worked successfully with people who are sometimes hard to work with, those experiencing homelessness, mental health issues, or adjusting to life outside of prison. He has supported families and children, the arts, education, human rights, and peaceful resistance. From environmental and political causes to social service policy change and direct service, it is clear that Monroe County would be a different place if David White hadn’t been involved in our lives. David is not a person who seeks accolades but it is important that as a community we recognize the positive impact of David’s lifetime of service. David was recently honored as a recipient of the lifetime achievement Be More Award, the community’s way of honoring volunteers. Thank you David!

# Can you believe it? Housing4Hoosiers.org turned 1 year old on May 11, 2019!

**T**o celebrate, we want to hear from you! Tell us what you like about the **Housing4Hoosiers.org** website—and what you don't. Let us know what you would like to see next for rental resources on the site!

Go to the “**News**” tab of the **Housing4Hoosiers.org** website to find our survey and tell us all about it.

Thank you! And enjoy a virtual cupcake on us.

Housing4Hoosiers is a service of South Central Indiana Housing Opportunities, a 501(c)3 nonprofit dedicated to expanding housing options for low- and moderate-income households in Bloomington, Monroe County, and surrounding counties.



## HERE COMES JEAN

*Continued from page 1*

about her days as a painter and sculptor. She would make snarky remarks to strangers and read their auras.

Mysliwec often did Madden favors, like driving her to Chili's every afternoon so she could sit at the bar.

She would tell more stories to the bartenders and complain about how she had to bring her own wine glass because the ones at Chili's didn't have the traditional stems.

“She said, ‘Those aren't real wine glasses,’” said Dallas Krinop, a bartender at Chili's.

But as Mysliwec talked with her every day, she began to notice that Madden was showing some signs of dementia, such as forgetting stories she had told.

So she called the Better Day Club, an adult day program for people with dementia, for advice and her suspicions were confirmed. Mysliwec knew she needed to do something about it.

Amanda Mosier, a community health coordinator for IU Health's Alzheimer's Resource Service, trained

Mysliwec and the Needmore employees to interact with customers with dementia.

Mosier said she was amazed how the Needmore employees befriended Madden right away.

“In most situations in life, that would have never happened,” Mosier said. “They would be like, ‘You're crazy, lady,’”

Mosier taught the employees to separate Madden's dementia symptoms from her real personality and to encourage her to talk to them instead of trying to shoo her away from customers, Mysliwec said.

Even when Madden was placed in an adult living center, she continued to leave voicemails for her friends, such as Mysliwec and Pastor Jimmy Moore from St. Mark's.

Moore said her voicemails were like prayers. She didn't expect a response, he said, she just needed to speak to someone who cared.

“They would be either a lament or a hope,” he said. “Or sometimes it was just rambling.”

When Madden was eventually put in the hospital for cancer and other ailments, Moore and Mysliwec visited her often.

Although she was Christian, it was said by her family that Madden always told Mysliwec she didn't want a formal funeral.

After sitting with Madden as she died, Mysliwec knew what to do.

She made flyers about a celebration of life April 7 at Needmore. She brought the flyers to every place Madden ever frequented: Chilis, St. Marks, Starbucks, Steak and Shake and Panera.

“I didn't know if anyone was going to come,” she said.

That Sunday, 30 people crammed themselves into Needmore to celebrate Madden. Some had never interacted with her before, yet she still affected their lives, Katie said.

They shared stories about Madden, since she could no longer share stories about herself. They drank coffee and ate sweets together. One woman, who had never even spoke with Madden before, wrote a poem about her.

And the community that Madden left behind sat together and realized just how much Madden had done.



# Special Section: VOICES SELDOM HEARD

The Shalom Writers' Circle meets at the Shalom Center to share stories, and writing. Questions about the group can be directed to Shannon Gayk at [sgayk@indiana.edu](mailto:sgayk@indiana.edu).

## The Cost of Free

- Kay Bull

Hey hey hey there ladies and gents  
I got something to say  
A few brief comments.  
Just a little thing between you and me  
I'm talkin' bout the expensive cost of free.  
Kroger plus cards, toys in your cereal,  
Factory rebates, all kinds of material  
You can get  
If you kill yourself with the right cigarette.  
Get two for one!  
Now give me a break  
I got ten countable fingers for God's say  
Get off that crap you bunch of liars  
And take this offer before it expires.  
You won't have to turn around  
To a world of burning ground  
You will find your way  
No matter what they say  
And on a starlit summer's day  
You'll find those precious things.  
You won't need to understand  
You'll hold your loved ones in your hands  
Won't be no heartbreaks nor demands  
And in your soul, your love won't yearn  
And all roads will return you to those precious things.  
Yes, and all roads will return you to those precious things

## Parting Winds

- Billy Young

I went to feel the parting winds,  
To stir up memories once again  
A tree in sway  
As if to say  
It's all a song,  
Whispering to birds unheard, to sing along.

I felt the blindness of a fool  
The drawing down of a whirlpool  
A daunting  
haunting came  
pulling me away  
To my old ghost, my homeless ghost, of yesterday.

*Refrain:* A wish to see you  
is all I'll ever need  
A wish to be near you  
Is my silent plea

But as all winds, you're only meant to blow away  
Leaving the trees, in autumn leaves, in silent sway

Then I went down to parting streams  
To lay and sway inside a dream  
Something to stay  
As if to say  
This all belongs  
A love to bring, a dove that sings, sings along

Your streams were flowing toward the wind  
I felt their departure once again  
But I'm just a bird  
To sing  
With broken wings  
Through passing trees' autumn leaves, just memories.

*Refrain:* A wish to see you  
Is always my silent plea  
A wish to be near you  
Is all I'll ever be.

But as the winds, you're only meant to fly  
Leaving the trees in mystery, as you pass by.  
A wisdom learned:  
your winds were never  
meant to stay,  
But even so, I loved them anyway.



# The Impact You Make Through Shalom

By Rev. Forrest Gilmore the Executive Director of Shalom Community Center.  
To learn more about Shalom, volunteer, or donate, please visit [shalomcommunitycenter.org](http://shalomcommunitycenter.org).

**W**hen it comes down to it, you want to make a difference.

You want to look at your life and feel in some way that what you've done is important, that you've given more than you've taken.

So when you invest in an organization as a supporter, it's important to know that that organization has an impact through you... that your time, energy, talent, and money all make the world a bit better.

In that spirit, here are three ways that the Shalom Center makes a difference because of you.

## Through the Center:

The core of Shalom is our day center, offering life essentials to thousands of people in need every year.

In 2016, Shalom provided 74,604 meals, 9,106 casework counseling sessions, 2,808 loads of laundry, 5,055 showers, 247 IDs, 192 prescriptions, and 187 annual insurance payments.

## Through Housing:

Shalom has two essential housing programs – rapid re-housing and Crawford Homes.

Rapid re-housing primarily helps homeless families move quickly out of shelters and into homes. In 2016, Shalom rapidly re-housed 221 people, including 82 children.

Crawford Homes provides housing with supports for the most vulnerable people on the streets – people experiencing long-term homelessness due to disability.

In 2016, Crawford helped 62 formerly chronically homeless people, including 12 children. When the program first opened, Crawford ended a collective 300 years of homelessness and our residents saw a 65% drop in emergency room use and an 88% drop in incarcerations in that first year.

## Through Friend's Place:

In 2016, Shalom took on the management of the overnight shelter once known as Martha's House and now called

Friend's Place, preserving the only year-round, nonreligious, emergency shelter in seven counties. Friend's Place sheltered 211 people in our first year. Friend's Place also saw a startling improvement in a key statistic for measuring shelter success – the number of people who move into permanent housing after leaving the shelter. When Shalom first took on the shelter in January, only 15% of the guests moved out into a permanent home. In the last third of 2016, 76% of guests moved into permanent housing with a peak of 84% in September. Keep in mind that the state average is 33%.

## Grant Totals:


Through all of Shalom's programs in 2016, you made it possible for Shalom to help 728 people move out of homelessness or maintain their homes.

That's impact! And it all becomes possible because you decided to make a difference through Shalom.

On behalf of all of those in desperate need who benefitted from your support, I offer you a profound thank you!

## THE SEEDS WE HAVE PLANTED

By David White,  
Editor-In-Chief, Safety-Net



**T**he seeds we have planted during our lives have several results. The results have to do with how we have influenced others. When we influence our children, or others that we know, we are sowing seeds, hopefully beneficial ones. I think often of the seeds that I have sown that grew up to be my children, and their children. And I hope that this has been as positive as the influence my parents had on me, and how I turned out. In addition, I dwell upon my interactions with other people in my community, especially the homeless and the poor, and I hope that those seeds will result in good fruit. We must all remember, that throughout our lives, we are planting seeds.



# Directory of agencies and services

This directory outlines several agencies and services available to residents of Monroe County. Additionally, many listings provide contact information for prospective volunteers. For more extensive articles about many of these agencies and services, see earlier issues of Safety-Net at <http://safety-net-newspaper.com/>. Several of the agencies and services described provide multiple forms of aid. Unless otherwise noted all services and agencies are located in Bloomington.

## Addiction Counseling

### Amethyst House

**Address:** 645 N. Walnut St.

**Phone:** (812) 336-3570

**Web:** [www.amethysthouse.org](http://www.amethysthouse.org)

**Volunteer Contact:** Gina Lovell ([812]336-3570 x10; [amethyst@bloomington.in.us](mailto:amethyst@bloomington.in.us))

**About:** Provides structured living environments, treatment, and recovery services for individuals with addictions. Amethyst House operates three transitional living facilities: (1) a men's 1/2 way house, (2) a women's 1/2 way house that serves women and their dependent children up to 6 years old, and (3) a men's 3/4 way house. Amethyst house also operates an outpatient treatment facility in Bloomington as well as Evansville.

### Centerstone of Indiana, Inc.

**Address:** 645 S. Rogers St.

**Phone:** (812) 339-1691

**About:** Provides services for people with behavioral and mental health challenges, such as depression, stress, panic disorders, alcohol and chemical dependencies, phobias, child behavioral disorders, grief and loss, marital and family problems, and severe and persistent emotional disorders. Services provided include psychiatry, 24-hour emergency services, and vocational and residential services. Centerstone hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Appointments must be made for services in the evening and weekend.

### Alcoholics Anonymous

**Address:** Hours and locations vary.

**Phone:** (812) 334-8191

**Web:** [www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

**About:** Provides support for those wanting to stop alcohol consumption.

## Adult Education

### MCCSC Adult Education

**Address:** Broadview Learning Center, 705 W. Coolidge Drive

**Phone:** (812) 330-7731

**Web:** [www.adult.mccsc.edu](http://www.adult.mccsc.edu)

**Volunteer Contact:** Melanie Hunter (330-7731 x

52137; [mhunter@mccsc.edu](mailto:mhunter@mccsc.edu))

**About:** The Monroe County Community School Corporation's Adult Education program at Broadview Learning Center offers free, individualized instruction and guidance to teen and adult learners. We offer support for successful preparation for the High School Equivalency and other work placement tests as well as Adult Basic Education. Are you looking to improve your basic job and literacy skills or learn new ones, we can help. English as a Second Language course and supportive tutoring for students to create better opportunities of themselves and their families. Call 812-330-7731 to register for orientation and also visit our website [www.mccsc.edu/adulted](http://www.mccsc.edu/adulted). Located on Coolidge between Rogers and Rockport Road, on the #2 South Bloomington Transit Route.

## AIDS/HIV Services

### Bloomington Hospital Positive Link

**Address:** 333 E. Miller Dr.

**Phone:** (812) 353-9150

**Web:** [www.bloomingtonhospital.org](http://www.bloomingtonhospital.org)

**About:** HIV testing and extensive care coordination for those living with HIV/AIDS. Serve as a community resource regarding HIV/AIDS education and awareness. Also offer Hepatitis B, Hepatitis C and Syphilis testing.

## Clothing, furniture, housewares

### Monroe County United Ministries

**Address:** 827 W. 14 Ct.

**Phone:** (812) 339-3429

**Volunteer Contact:** Rebecca Gordan ([812] 353-9150; [mcumhelp@bloomington.in.us](mailto:mcumhelp@bloomington.in.us))

**About:** Provides a subsidized Child-Care Program for low-income families in Monroe County, which includes a year-round program for children two to six years old, and a summer camp subsidized child-care for children ages six to ten, when school is out of session. All care-givers in the families either work full time or attend school part-time and work part-time. There is also an Emergency Services Program that assists families who are experiencing a short-term crisis. The Emergency Services Program includes a

food pantry, a clothing program, and financial assistance for rent or utility payments.

### My Sister's Closet of Monroe County, Inc.

*See Employment resources and job counseling.*

### Salvation Army

**Address:** 111 N. Rogers St.

**Phone:** (812) 336-4310

**Volunteer Contact:** Monica Clemons ([812] 336-4310 x100; [monica\\_clemons@usc.salvationarmy.org](mailto:monica_clemons@usc.salvationarmy.org))

**About:** Provides a variety of services, including: food pantry, food vouchers, seasonal assistance, clothing and clothing vouchers, appliances, household items, hygiene items, rent/mortgage assistance, utility assistance, medical assistance, disaster relief, after school programs, summer residential camps, adult programs, nursing home visitation, bus tickets, a place of worship, and a thrift store.

### St. Vincent de Paul Society

**Address:** 4607 West State Road 46

**Phone:** (812) 961-1510

**Web:** [www.bloomingtonsvdp.org](http://www.bloomingtonsvdp.org)

**Volunteer Contact:** Scott Alber, ([812]335-1280 [volunteer@bloomingtonsvdp.org](mailto:volunteer@bloomingtonsvdp.org))

**About:** A Catholic led ecumenical society of volunteers dedicated to helping those in need. Assistance is offered in the form of community resource information, vouchers for furniture, and in some cases limited financial help with a utility bill, rent, rent deposit or other essential need. Almost all funding comes through donations and assistance is given without regard to religion, race or creed. Volunteer opportunities abound.

## Disabilities assistance programs

### LifeDesigns, Inc.

**Address:** 200 East Winslow Rd.

**Phone:** (812) 332-9615

**Web:** [www.lifedesignsinc.org](http://www.lifedesignsinc.org)

**Volunteer Contact:** Cindy Fleetwood

**About:** LifeDesigns, Inc. offers comprehensive services for people with disabilities in south central Indiana including education, housing and employment assistance. We offer services for every stage of life from childhood through

adulthood. Our mission to partner with people with disabilities and the community to bring about self-directed and enriched lives through education, information and support. LifeDesigns is a grassroots organization formed by the merger of two well-known agencies, Christole and Options, who have provided leading-edge programs for over three decades.

### People & Animal Learning Services (PALS)

**Facility Address:** 7644 W Elwren Rd, Bloomington,

**Mailing Address:** P.O. Box 1033, Bloomington, IN 47402

**Phone:** 812-336-2798

**Web:** [www.palstherapy.org](http://www.palstherapy.org)

**Volunteer Contact:** Jennylynn Vidas, (812-336-2798 ext. 15, [jennylynn@palstherapy.org](mailto:jennylynn@palstherapy.org))

**About:** PALS provides therapeutic Equine Assisted Activities (EAA) to individuals with disabilities, veterans and at-risk youth in South Central Indiana. PALS programs are designed by professionals and aim to develop and restore functional skills, enhance well-being and improve quality of life. Services are available to individuals ages three and up. PALS is a Professional Association of Therapeutic Horsemanship International (PATH Intl) Premier-Accredited Center and United Way of Monroe County Member Agency.

### Stone Belt

**Address:** 2815 E. 10 St.

**Phone:** (812) 332-2168

**Web:** [www.stonebelt.org](http://www.stonebelt.org)

**Volunteer Contact:** Amy Jackson (332-2168 x314; [ajackson@stonebelt.org](mailto:ajackson@stonebelt.org))

**About:** A community-based organization with over 48 years of experience in serving persons with developmental disabilities. Supports include residential, employment, life skills training and psychological services. With locations in Monroe, Lawrence, Owen, Bartholomew and surrounding counties, Stone Belt's mission is to prepare, empower, and support persons with developmental disabilities and their families to participate fully in the life of the community.

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### Employment resources and job counseling

#### My Sister's Closet of Monroe County, Inc.

**Address:** 414 S. College Ave.

**Web:** www.SistersCloset.org

**Volunteer Contact:** Julie Tobin, (812) 333-7710; Info@SistersCloset.org

**About:** Provides women facing issues of poverty, homelessness and domestic violence—who are looking for employment, with free interview and/or workforce attire, interview skills training & coaching through job mentors, image consulting, and life skills training through workshops with the Success Institute. All services assist women to overcome the hurdles they face on the road to independence & family self-sufficiency. All new and gently-used Clothing & Accessories, Undergarments, New Make-up, and Personal Hygiene items are provided free to those with vouchers from referral agencies, and for sale to the general public.

#### WorkOne

**Address:** 450 Landmark Ave.

**Phone:** (812) 331-6000

**About:** Assists individuals and businesses in meeting their employment and training needs. WorkOne provides employment services, job counseling and assessment services, training services through WIA, older worker services through Experience Works, vocational rehabilitation services through Indiana Vocational Rehabilitation, veteran services and unemployment insurance benefits.

#### Stone Belt

*See disabilities assistance programs.*

### Family Services

#### El Centro Comunal Latino

**Address:** 303 E Kirkwood Avenue, Room 11

**Phone:** (812) 355-7513

**Web:** www.elcentrocomunal.org

**About:** CCL is a grassroots, community-based organization that seeks to provide an accessible and safe space for all Latinos, with a focus on Spanish-speaking people, to find information, access to resources and a place to hold community events. CCL's work includes tutoring services for all ages, the medical interpretation network, direct service, Volunteer Income Tax Assistance program, the Legal Advice Project, Informate—series of educational presentations, health programming, and the Bienvenidos program; a support group that helps immigrants acculturate to life in the United States.

#### Head Start Program

**Address:** 1520 W. 15th St.

**Phone:** (812) 334-8350

**Web:** www.headstart.bloomington.in.us/

**About:** Guides children aged 3 to kindergarten towards gaining cognitive skills, patience, sharing, problem solving, hygiene, safety, and practice in good decision making. Free to income eligible.

#### IN Dept. of Child Services

**Address:** 1717 W. 3rd St.

**Phone:** (812) 336-6351

**About:** Services are designed to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. To make a report of child abuse or neglect the public can call 1-800-800-5556.

#### Division of Family Resources

**Address:** 1711 N. College Ave.

**Phone:** 1-(800)-403-0864

**About:** Provides aid to families with dependent children (Temporary Assistance for Needy Families, TANF), food stamps, Medicaid.

#### Programas de Alcance a Latinos

##### Latino Programs and Outreach Division

**Address:** 401 N. Morton St. Suite 260, Bloomington, IN 47402

**Phone:** (812) 349-3430

**Web:** https://bloomington.in.gov/

**Contact:** Araceli Gómez-Aldana, latinoprograms@bloomington.in.gov

**Acerca:** El Departamento de Recursos Comunitarios y Familiares de la Ciudad de Bloomington ha enfocado sus esfuerzos para alcanzar a la comunidad Hispana ofreciendo una gran variedad de programas. Eventos culturales, educación cívica, servicios directos y traducciones, El programa de radio Hola Bloomington en WFHB y la publicación Del Boletín Comunitario. **About:** The City of Bloomington's Community and Family Resources Department has focused its outreach efforts on the Hispanic and Latino community by offering a variety of programs. Cultural events, civic education, direct service and translations, The Hola Bloomington Radio Show on WFHB and The Boletín Comunitario.

#### Monroe County United Ministries (MCUM)

**Address:** 827 W. 14th Court

**Phone:** (812) 339-3429

**Web:** www.mcum.org

**Hours:** 6:30am-5:30pm

**About:** Full-time care for children ages 2-6 on a sliding fee scale, parents must be employed or attending school, NAEYC-accredited center

#### WIC Program

**Address:** 333 East Miller Drive

**Phone:** (812) 353-3221

**About:** Provides nutritional support for underprivileged mothers, babies and children up to five years of age in Monroe and Greene Counties. Applicants must meet income guidelines, live in Indiana, and have a nutritional need. All services are provided free of charge.

### Food stamps

#### Division of Family Resources

*See family services.*

### Health care

#### Futures Family Health Clinic

**Address:** 119 W. 7th St.

**Phone:** (812) 349-7343

**About:** provides family planning health services for adolescents, men, and women. Services are provided on a sliding fee schedule based on income. Services offered include annual exam and Pap smear, pregnancy testing, STD and HIV testing, birth control counseling, emergency contraception, health education, birth control pills, birth control shots, IUD (intrauterine device), and condoms.

#### Bloomington Hospital Home Health & Hospice

**Address:** 619 W 1st St.

**Phone:** (812) 353-9818

**Web:** www.bloomingtonhospital.org

**Volunteer Contact:** Melanie Miller (812-353-9818; mmiller@bloomhealth.org)

**About:** Provides care and support for people who are terminally ill and their families. Training classes for new volunteers are offered twice a year.

#### Monroe County Public Health Clinic

**Address:** 333 East Miller Drive

**Phone:** (812) 353-3244

**About:** Services provided include screenings for hypertension, hyperlipidemia, elevated blood sugar, anemia, elevated lead, tuberculosis, head lice and pregnancy; health and wellness assessments; communicable disease education. Call for appointment.

#### Planned Parenthood

**Address:** 421 S. College Ave.

**Phone:** (812) 336-0219

**Web:** www.ppin.org

**About:** Services provided include pelvic exams, breast exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, pregnancy tests, various types of birth control, emergency contraception (the "morning after pill"), as well as abortion services.

#### Vistacare Hospice

**Address:** 1801 Liberty Dr., Ste. 103

**Phone:** (812) 330-9640

**Web:** www.vistacare.com

**Volunteer Contact:** Cathi Counterman ([812] 340-3467; cathi.counterman@vistacare.com)

**About:** Provides caregiver relief and companionship for terminally ill patients and bereavement support for family members.

#### Volunteers in Medicine Clinic

**Address:** 811 West 2nd Street

**Phone:** (812) 333-4001

**Web:** www.vimmonroecounty.org

**Volunteer Contact:** Shelley Sallee

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### Local Health Care Enrollment Assistance

All U.S. residents are required by law to have health insurance. If you are uninsured, there are coverage options that meet your needs and fit your budget:

- Affordable Care Act "Health Insurance Marketplace"
- Healthy Indiana Plan (HIP 2.0)
- Medicaid
- Children's Health Insurance Program (Hoosier Healthwise)

There are several free local resources that can guide you through the process, explain coverage options, answer questions, and help you enroll. Indiana Navigators provide free unbiased assistance and can work with you one-on-one to enroll in health care plans.

#### ASPIN Health Navigators:

Call (877) 313-7215 for Navigator assistance.

#### City of Bloomington:

Call (812) 349-3851 for enrollment assistance. Para Español, (812) 349-3860 o latinoprograms@bloomington.in.gov

#### Individual Solutions-IU Health:

Call 1-888-531-3004 to make an appointment to see a certified Navigator, or visit [iuhealth.org/individual-solutions](http://iuhealth.org/individual-solutions)

#### Monroe County Health Department:

Call Scott Stowers at (812) 349-2075 or e-mail [ssowers@co.monroe.in.us](mailto:ssowers@co.monroe.in.us)

#### SCCAP Health Coverage Assistance Program:

Call (812) 339-3447 for Navigator assistance.

Visit [www.in.gov/healthcarereform](http://www.in.gov/healthcarereform) to find a certified Navigator.

Call 211 (available 24/7 free of charge) or visit [www.in211.org/healthcare-project](http://www.in211.org/healthcare-project) to learn how to apply, try a health insurance cost calculator, and get more local information.

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([812]333-4001 x109; info@vimmonroecounty.org)

**About:** Provides free medical care, including dental care at the offices of participating dentists, for people living in Monroe or Owen County who lack health insurance and have an income at or below 200% of the federal poverty level. This means that the income must not exceed \$20,420 for a 1-person household. For each additional person, add \$6,960. To qualify for medical care individuals must fill out an eligibility form about their economic situation and set up an eligibility interview. Children or adults who qualify for health care at the clinic will receive free care at Southern Indiana Pediatrics.

### Housing (abused women)

#### Middle Way House

**Address:** 338 S. Washington St.

**Phone:** (812) 333-7404 (admin phone), (812) 336-0846 (crisis line)

**Web:** www.middlewayhouse.org

**About:** Middle Way House is an emergency shelter that provides services to protect and help women who are victims of domestic violence and sexual assault, and women who feel they are in danger. Services include a safe place to stay, case management, in-house children's programs, legal advocacy. There is also a transitional housing program called The Rise which has self-contained apartments for families leaving abusive relationships. Women and their children can stay at The Rise for up to two years.

### Housing (emergency, for adults)

#### Agape House, Shelter For Women And Their Children (part of Backstreet Missions)

**Web:** www.backstreet.org

**Phone:** (812) 333-1905.

**Address:** 300 Opportunity Lane, off W. 3rd Street.

#### Friend's Place

**Address:** 919 S. Rogers (Shelter)

**Phone:** (812) 332-1444

**About:** An emergency shelter with 40 beds (18 for men and 12 for women). Services provided include case management, food, and clothing. Opens at 6:15 p.m.

#### Wheeler Mission

**Phone:** (812) 332-2452

#### Center for Men

**Address:** 215 S Westplex Ave

#### Programs and services:

Emergency Low Barrier Shelter

Orientation to addictions recovery program

Long term supportive housing

Working guest program

Public meals

#### Center for Women and Children

**Address:** 100 S Opportunity Lane

#### Programs and services:

Emergency Low Barrier Shelter

Referral Service to other agencies (connect to

care)Long term supportive housing

### Housing (Family Shelter)

#### New Hope Family Shelter

**Phone:** (812) 334-9840

**E-mail:** newhope@nhfsinc.org

**About:** The mission of the New Hope Family Shelter (NHFS) is to provide temporary shelter for homeless families in Bloomington and Monroe County and, in collaboration with other agencies, to help those families regain housing by addressing the problems that led to homelessness.

### Housing (Intact Families/Adults)

#### Bloomington Catholic Worker

**Address:** 821 North Blair Avenue, Bloomington, Indiana 47404

**Phone:** (812) 339-4456

**About:** We offer short-term, home-based hospitality to people facing homelessness.

### Housing (Pregnant women)

#### Hannah House Maternity Home

**Address:** 808 N. College Ave.

**Phone:** (812) 334-2662

**Web:** www.cpcbloomington.org

**About:** A comprehensive residential program or pregnant women and teenagers. Offers access to prenatal and pediatric care. Also offers life skills training and assistance in achieving longer-term educational and career goals.

### Housing (Rental)

#### Bloomington Housing Authority

**Address:** 1007 N. Summit St.

**Phone:** (812) 339-3491

**About:** Subsidized housing, Section 8, Public Housing. Cost varies to income eligible.

#### Housing and Neighborhood Development

**Address:** 401 N. Morton Street, Ste. 130

**Phone:** (812) 349-3420

**Web:** www.bloomington.in.gov/hand

**About:** Creates affordable housing opportunities in the City of Bloomington by working through its partnerships with local non-profit and for-profit developers and through its in-house housing programs. HAND provides housing counseling to individuals with housing needs or difficulties and provides a variety of learning opportunities for the community on housing related issues.

In addition, HAND enforces the Property Maintenance Code and the City's weed and trash ordinances.

#### Housing4Hoosiers

**Website:** Housing4Hoosiers.org

**Email:** info@housing4hoosiers.org

**Phone:** 812-335-2200

**About:** Housing4Hoosiers.org is a one-stop website for renters and landlords in Indiana seeking resources on finding, renting, and keeping a stable and affordable rental home. Housing4Hoosiers offers guidance on where to find an affordable place to live, understanding your lease, and rights and responsibilities of tenants and landlords. The site also includes a Google map of 150 rental properties in Bloomington/Monroe County with details on rental costs, unit sizes, and those accepting Section 8 vouchers.

### Housing (homeless youth)

#### Stepping Stones

**Address:** PO Box 1366

**Phone:** (812) 339-9771

**Web:** www.steppingstones-inc.org

**About:** Transitional housing program and supportive service for homeless young people aged aged 16-20.

#### Youth Services Bureau

**Address:** 615 S. Adams St.

**Phone:** (812) 349-2506

**Web:** www.youthservicesbureau.net

**About:** Provides short-term residential care and crisis intervention for youth ages 8-17. Provides other services as well.

### Legal and court-related services

#### Community Justice & Mediation Center

**Address:** 205 S. Walnut Suite 16

**Phone:** (812) 336-8677

**Web:** www.cjamcenter.org

cjam@cjamcenter.org

**Volunteer Contact:** Amanda Nickey ([812] 336-8677; vorpcm@bloomington.in.us)

**About:** Programs include the Victim-Offender Reconciliation Program, Shoplifter's Alternative Program, Workshops, Trainings, and Community Mediation Services for neighborhood, school, family or business conflicts.

#### District 10 Pro Bono Project

**Address:** P.O. Box 8382

Bloomington, IN 47407

**Phone:** (812)-339-3610

**About:** Purpose is to match income eligible clients with an attorney who will take their case for free. Potential clients must apply by phone on Monday from 10 AM to 12 PM, and Thursday

from 2 PM to 5 PM. Please, no walk-ins, by phone only.

#### Legal Services Organization of Indiana, Inc. Bloomington

**Address:** 214 S. College Ave.

**Phone:** (812) 339-7668

**About:** Cannot help people in criminal cases. Helps people in civil cases, including: Housing (eviction, foreclosure, landlord/tenant); Public Benefits (food stamps, SSI, unemployment, poor relief, Temporary Assistance for Needy Families (TANF); Health (Medicaid, Medicare); Divorce or child custody where there is child abuse or spouse abuse; Child In Need of Services (CHINS); Consumer (collections and repossessions); Education (including expulsion and access to special education services and Vocational Rehabilitation); Access to Justice (e.g. denial of a court-appointed attorney in certain civil cases).

#### Monroe County Court Appointed Special Advocates

**Address:** 201 N. Morton Street

**Phone:** (812) 333-2272

**Web:** www.monroecountycasa.org

**Volunteer Contact:** Kelli Shannon ([812] 333-2272, ext. 11; kelli.shannon@monroecountycasa.org)

**About:** Provides direct advocacy for child victims of physical abuse, sexual abuse and neglect. Volunteer advocates represent children in the court process to protect the child's best interests.

#### Monroe County Prosecutor—Victim Assistance Program

**Address:** 301 N. College Ave., Rm. 211

**Phone:** (812) 349-2670

**Web:** www.co.monroe.in.us

**Volunteer Contact:** Sarah Lanman ([812]349-2670; slanman@co.monroe.in.us)

**About:** Helps to ease the trauma victim's burden by explaining the criminal justice process, accompanying victims to court, updating them on current cases and obtaining restitution.

### Meals and pantries (no cost)

#### Meals

##### Area 10 Agency on Aging

**Address:** 631 West Edgewood Drive, Ellettsville, IN 47429

**Phone:** (812) 876-3383

**Web:** www.area10agency.org

**About:** Area 10 Agency on Aging offers 5 main nutrition and food services for senior citizens.

**Congregate Meals**—We offer congregare meals at the following times and locations: Maple Shades Apts., Ellettsville, 10:30 am; Cambridge Square Apts., Bloomington, 11 am; Spencer

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## DIRECTORY

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Senior Center, 11:30 am; Unionville Senior Center, 11:30 am. Seniors must be 60+ and can complete a brief application at the meal site of their choosing. A \$2 donation is requested. **Mobile Meals**—We deliver meals to homebound seniors who are 60+ and who are unable to prepare meals for themselves due to illness or disability. An application to determine eligibility is required and a \$2 donation is requested. Contact Area 10 at (812) 876-3383 for more information.

**Food Pantry**—We provide homebound seniors with two bags of groceries and frozen food each month. Seniors must be 60+ and meet eligibility requirements. Call Area 10 at (812) 876-3383 to request an application.

**Restaurant Vouchers**—We provide restaurant vouchers to seniors 60+ to be used at the Village Inn in Ellettsville or the Stinesville Mercantile in Stinesville. A \$2 donation is requested. A brief application is required and vouchers can be picked up at Area 10 or the Stinesville Mercantile. **Farmers Market Vouchers**—We distribute farmers market vouchers to seniors 60+ for use at the Bloomington Farmers Market or Spencer Farmers Market. Seniors must complete an application and meet income guidelines. Contact Area 10 at (812) 876-3383

### Backstreet Missions (Gino's Cafeteria)

Monday–Friday: Lunch: 11–12 p.m.; Dinner: 4–5 p.m.  
Saturday: Breakfast 8-9:30 a.m.; Lunch 11-12 p.m.

### Bloomington Meals on Wheels, Inc.

**Address:** 727 W. 1st Street  
**Phone:** (812) 323-4982

**Web:** www.bloomingtonmealsonwheels.org

**About:** Provides meals to homebound people who are unable to cook for themselves. No age or economic restrictions. To enroll, call number listed. A volunteer will arrange for meal delivery and special dietary needs, explain the costs and how payments can be made.

### Bloomington Catholic Worker

**Address:** 821 North Blair Avenue, Bloomington, Indiana 47404

**Phone:** (812) 339-4456

**About:** We share a home-based dinner every night of the week at 6:00 on the southside to which all are welcome. Thursday nights have the largest feast. Please call so we can direct you to the correct house.

### City Church Food Outreach

**Address:** 1200 N Russell Rd. Bloomington IN 47404

**Phone:** 812-336-5958

**Web:** citychurchfamily.org

**Email:** info@citychurchfamily.org

**About:** City's Food Outreach brings the mission of LOVE people, BUILD family, LEAD to destiny to life. Currently the Food Outreach gives groceries to families every month following the 3rd Saturday of the month service. Saturday service starts at 5:30 and tickets are distributed discreetly during service. December 20th, January 17th, February 21st, March 21st

### Community Kitchen

**Address:** 1515 S. Rogers St.

**Phone:** (812) 332-0999

**Web:** www.monroecommunitykitchen.com

**Volunteer Contact:** Annie Brookshire [(812) 332-0999; volunteer@monroecommunitykitchen.com]

**Monday-Saturday:** Dinner: 4-6 p.m.

**About:** Provides hot meals in a sit-down area as well as cold carry-out boxed meals. Also provides meals for afterschool programs at Boys and Girls Club, The Rise, Girls, Inc., Monroe County Community Corrections JAMS Program, Teen Learning Center, and Rhino's Youth Center.

### Community Kitchen Express

**Address:** 1100 W. 11th St.

**Monday-Saturday:** Dinner: 4-6 p.m.

**About:** Provides hot and cold meals as carry-out only. See Community Kitchen listing (above) for phone and volunteer information.

### First Christian Church

**Address:** Corner of Kirkwood Ave. and Washington St.

**Sunday:** Breakfast: 8-9:30 a.m.

### First Presbyterian Church

**Address:** Corner of Lincoln and 7th Streets

**Saturday:** Breakfast: 7:30-9:00 a.m.

### Harvest House Soup Kitchen

**Address:** 1107 S. Fairview Dr.

**Phone:** (812) 339-4462

**Sunday:** Lunch: 2-4 p.m.

### Shalom Community Center

**Address:** 620 South Walnut Street

**Phone:** (812) 334-5728

**Web:** www.shalomcommunitycenter.org

**Monday-Friday:** Breakfast: 8-9:30 a.m.; Lunch: 12-1:30 p.m (except Wednesday lunch, 12-1 p.m.)

**About:** A daytime resource center for those experiencing homelessness and poverty. The facility is open all day and functions as a Day Shelter for guests, where they can use restroom facilities, make phone calls, and do their laundry. Guests can go there to see case

workers, employment counselors, connect with visiting agencies, seek assistance through the Family Homelessness Prevention Project, store belongings, receive mail, use restroom facilities, and take a hot shower.

## Pantries/Groceries

### Area 10 Agency on Aging

*See meals and pantries —meals*

### Hoosier Hills Food Bank

**Address:** 2333 W. Industrial Park Drive

**Phone:** (812) 334-8374

**Web:** www.hhfoodbank.org

**Volunteer Contact:** Kai Westerfield (334-8374; volunteer@hhfoodbank.org)

**About:** Collects, stores and distributes donated food to 84 nonprofit organizations with feeding programs that directly serve needy and hungry people. Distributes about 2 million pounds of food to hungry people each year.

### MCUM Emergency Food Pantry

**Address:** 827 W. 14th Ct.

**Phone:** (812) 339-3429

**Web:** www.mcum.org

**Hours:** Monday-Friday 8-11:30 a.m.; 1-3:15 p.m.

**About:** Distributes non-perishable food, three days' supply provided. Must be Monroe County resident and complete a brief intake form.

### Mother Hubbard's Cupboard

**Address:** 1100 Allen Street

**Phone:** (812) 355-6843

**Web:** www.mhcfoodpantry.org

**Hours:** Monday-Friday 12-6 p.m.

**About:** Provides nutritious food to people in need. Most of the food is received from the Hoosier Hills Food Bank. Also operates a Nutrition Education Program and an organic Community Gardening Program.

### Salvation Army

**Address:** 111 N. Rogers St.

**Phone:** (812) 336-4310

**Hours:** Tues, Thurs 1-3:30 and Wed, Fri 9-11:30

**About:** Need ID. Depending upon income and resources, can offer one week's supply of groceries. Will not provide again for at least 30 days.

### SLO FoodS garden pantry

**About:** The program emphasizes locally grown produce and dispenses food to those in need on a weekly basis.

**When:** Wednesdays from 1:00–3:00 pm

**Where:** 615 N. Fairview Street (Trained Eye Arts Center) (on the B-Line Trail just south of 11th St. underpass)

**Volunteer Contact:** Mylo Roze, Director—Eco Media Center Coordinator—SLO FoodS garden pantry

**Web:** <http://ecomediacenter.org>  
[greenhthcity@yahoo.com](mailto:greenhthcity@yahoo.com)

### First United Methodist Church

**Address:** 219 E. 4th Street

**Hours:** Wednesdays, 3:00-5:30 p.m.

**About:** Provides brown bag lunch, groceries.

### Township Trustees Food Pantries—Bloomington

**Address:** 2111 W. Vernal Pike

**Phone:** (812) 336-4976

**Hours:** Monday–Friday 8 a.m.–4 p.m.

**About:** Provides canned goods. Must be a resident of Bloomington Township.

### Township Trustees Food Pantries—Perry

**Address:** 1010 S. Walnut St.

**Phone:** (812) 336-3713

**Hours:** Monday–Friday 9 a.m.–3 p.m.

**About:** Provides canned goods. Must be a resident of Perry Township.

## Medicaid

### Division of Family Resources

**About:** Medicaid is a federal and state funded medical assistance program that pays for approved and needed medical care for persons who meet eligibility requirements. For more information on the Division of Family Resources see the family services listing.

## Older citizen programs

### Area 10 Agency on Aging

**Address:** 631 W. Edgewood Drive, Ellettsville, Indiana 47429

**Phone:** (812) 876-3383

**Web:** www.area10agency.org

**About:** Offers programs and services, as well as being a resource of information about services for older and disabled citizens living in Monroe and Owen counties. Services that can be accessed include the Aging and Disability Resource Center, 2-1-1 Infolink, in-home health-related services and referrals, home-delivered meals, food pantry, congregate meal sites, support groups, education for family caregivers, affordable housing, assistance for the homebound, handyman services, a long-term-care ombudsman program for residents of area nursing homes, RSVP 55+ Volunteer Program, recreational and arts programs at Area 10's Endwright Center in Ellettsville, and Rural Transit bus service.

## Pregnancy testing, counseling, education

### Planned Parenthood

*See health care.*

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## DIRECTORY

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### WIC Program

See family services.

### Rent, utility, bill assistance

First call the Township Trustee in the Monroe County Township in which you live: Bean Blossom (876-5109), Benton (339-6593), Bloomington (336-4976), Clear Creek (824-7225), Indian Creek (824-4981), Perry (336-3713) Polk (837-9446), Richland (876-2509), Salt Creek (332-9777), Van Buren (825-4490), Washington (331-0809).

### Youth programs

#### Big Brothers Big Sisters

**Address:** 807 N. College Avenue

**Phone:** (812) 334-2828

**Web:** www.bigsindiana.org

**Volunteer Contact:** Mark Voland, mvoland@bigsindiana.org, 812-334-2828, ext. 227.

**About:** Big Brothers Big Sisters of South Central Indiana helps children in Monroe and Owen counties reach their potential through professionally supported, one to one relationships with measurable impact.

#### Bloomington Boys and Girls Club

**Address:** 311 S. Lincoln St.

**Phone:** (812) 332-5311

**Web:** www.bgcblloomington.org

**About:** A guidance organization which fosters the physical, intellectual and social growth of boys and girls ages 6-18 with a special concern for those most in need of service.

#### Girls Inc.

**Address:** 1108 W. 8th St.

**Phone:** (812) 336-7313

**Web:** www.girlsinc-monroe.org

**Volunteer Contact:** Lucy Berger, Director of Operations ([812] 336-7313; lberger@monroe.girls-inc.org)

**About:** Girls Inc. of Monroe County, is an affiliate of a national youth organization dedicated to inspiring girls to be strong, smart, and bold through after school programming, organized sports, and summer/winter camps. Provides programming for girls ages 6 to 18. Services include transportation, organized sports, a teen room, technology, self-defense and homework help.

#### Harmony School

**Address:** 909 E. 2nd St.

**Phone:** (812) 334-8349

**Web:** www.harmonyschool.org

**Volunteer Contact:** Libby Gwynn ([812]

334-8349; libby@harmonyschool.org)

**About:** An independent pre-Kindergarten through 12th grade school providing education to youth ages 3 to 18 from a wide range of economic and educational backgrounds.

#### Rhino's Youth Center

**Address:** 331 S. Walnut St.

**Phone:** (812) 333-3430

**Web:** www.rhinosyouthcenter.org

**Volunteer Contact:** Brad Wilhelm ([812] 333-3430; rhinosdirector@ameritech.net)

**About:** Provides entertainment as well as other programs for the youth of our community in an alcohol, tobacco, and drug free environment. In addition to music and shows, provides programs in partnership with the City of Bloomington Parks and Recreation Department through the week after school. Several creative and practical classes and workshops, as well as mentoring, tutoring, counseling, and more, are available.

#### WonderLab Museum of Science, Health and Technology

**Address:** 308 W. 4th St.

**Phone:** (812) 337-1337

**Web:** www.wonderlab.org

**Volunteer Program:** (812) 337-1337 ext. 20 or volunteer@wonderlab.org

**About:** WonderLab is an award-winning science museum with hands-on exhibits and programs for children and their families. WonderLab offers a free Teen Night monthly during the school year. WonderLab also participates in the Access Pass Program, which provides reduced admission of \$1 per family member per visit for eligible families. The museum also offers many half-price admission events. Volunteering is a natural next step for teens. Those entering grade 7 are eligible to become volunteers at the museum. Additionally, high school students are eligible to apply for summer internships at WonderCamp, the museum's summer science day camp.

#### Youth Services Bureau

**Address:** 615 S. Adams St.

**Phone:** (812) 349-2506

**Web:** www.youthservicesbureau.net

**About:** Alongside youth shelter (see housing [youth]), provides counseling, education, supervised recreation, and transportation to and from school, as well as referrals to a variety of agencies for other needed services.

### Additional services

#### Catholic Charities-Bloomington

**Address:** 631 North College Avenue

**Phone:** (812) 332-1262

**Web:** www.CatholicCharitiesBtown.org

**About:** Provides education, social service delivery, and advocacy. Takes special interest in poor, disabled, and otherwise disadvantaged persons. Serves residences of Brown, Lawrence,

Morgan, Monroe, Orange and Owen counties, especially through mental health services. Provides individual, family, couples and group counseling to the English- and Spanish-speaking clients.

#### City of Bloomington Volunteer Network

**Address:** 401 N. Morton St. Suite 260

**Phone:** 812-349-3433

**Web:** www.bloomington.in.gov/volunteer

**About:** The Volunteer Network, which has over 200 local partner nonprofit and governmental organizations, is your one-stop source for volunteer information in Bloomington and Monroe County. Member organizations post their volunteer needs on the Network's online database so potential volunteers can see what community needs they can meet. The Volunteer Network also offers training in volunteer management to new volunteer coordinators and training in nonprofit board service to new and continuing board members. The Network partners with the Martin Luther King Birthday Celebration Commission in the organization of the 'A Day On, Not a Day Off' day of service, in which thousands of Bloomingtonians participate. In addition, the Network matches the material needs of local nonprofit organizations with community members and businesses who can meet those needs through our partnership with the Herald-Times on the Community Wish List.

#### Habitat for Humanity of Monroe County

**Address:** 213 E. Kirkwood Avenue

**Phone:** (812) 331-4069

**Web:** www.monroecountyhabitat.org

**About:** Habitat for Humanity helps families and volunteers to build homes for those living in inadequate housing. The homes are for families who have an income but do not have the funds to secure a bank loan. The money to build the homes comes from contributions from local churches, citizens, businesses, and other sponsors. Families pay back a zero interest mortgage over 15-25 years. That money goes into a fund which helps to pay for more houses.

#### Monroe County Safe Kids Chapter

**Phone:** (812) 353-5437

**About:** Certified Child Passenger Safety technicians will help you install your child's car seat and answer questions regarding general vehicle safety. If you need financial help with the purchase of a seat, let us know. All services are by appointment only.

#### Midwest Pages to Prisoners Project

**Address:** 310A S. Washington St.

**Phone:** (812) 339-8710

**Web:** www.pagestoprisoners.org

**Volunteer Contact:** Tess Hannah (339-8710;

midwestpagestoprisoners@yahoo.com)

**About:** Provides free reading material to inmates

upon request. Encourages self-education among prisoners in the United States.

#### Monroe County Public Library

**Address:** 303 E. Kirkwood Ave.

**Phone:** (812) 349-3050

**Web:** www.mcpl.info

**About:** Offers free books, magazines, music CDs, and movies to check out; public Internet computers; downloadable audiobooks and ebooks; and free programs for all ages. It serves the county through facilities in Bloomington and Ellettsville, the Bookmobile, the Outreach Van, and Homebound service. Library cards are available at no charge to all county residents. The VITAL literacy program offers one-on-one confidential tutoring to adult learners and ESL conversation groups. During the school year, the library offers homework help to elementary students and math and reading/writing homework help to teens. During income tax season, volunteers offer free tax help. The library also has public meeting rooms for use by nonprofit groups. Anyone in the community can produce a program through Community Access TV (CATS) for the Public Access Channel.

#### New Leaf-New Life, Inc.

**Address:** 1010 S. Walnut St., Suite F

**Phone:** (812) 355-6842

**Email:** newleaf1010@gmail.com

**Web:** www.newleaf-newlife.org

**About:** New Leaf-New Life runs therapeutic programs in the Monroe County jail, and provides products and services to ex-offenders at our office at 1010 South Walnut, Suite F. Services offered include: assistance in obtaining a birth certificate or social security card, employment help, support groups, family support, community referrals, clothing, bus tickets, hygiene products, and funding for GED testing. Volunteer opportunities can include: mentoring, transition services, office work, family outreach, and programming in the Jail. Check our Facebook page for news and updates.

#### Reach High Consulting & Therapy LLC.

Autism ABA and Diagnostic Clinic

**Address:** 2101 W Tapp Rd. Bloomington IN 47403

**Website:** reachhighconsulting.org

**Phone:** 812-330-4460

**Fax:** 812-330-4461

**Email:** aba@reachhighconsulting.org

**About RHC:** Reach High is Bloomington's first ABA clinic. Reach High was birthed out of a growing need in the City of Bloomington. Providing Applied Behavior Analysis (ABA) has meant families and clients are equipped with the tools to reach their maximum potential. Reach High strives to have clients in multiple environments within the community, this allows for skill sets to be strengthened and become more natural overtime.